

THE CATHOLIC CHURCH OF

Saint Mark

Mission Statement

Rooted in the Word...Nourished by the Sacraments... Guided by the Holy Spirit...We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents... to build the Kingdom of God by imaging Jesus Christ.

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201

Phone: 757-479-1010 • Fax: 757-479-9453

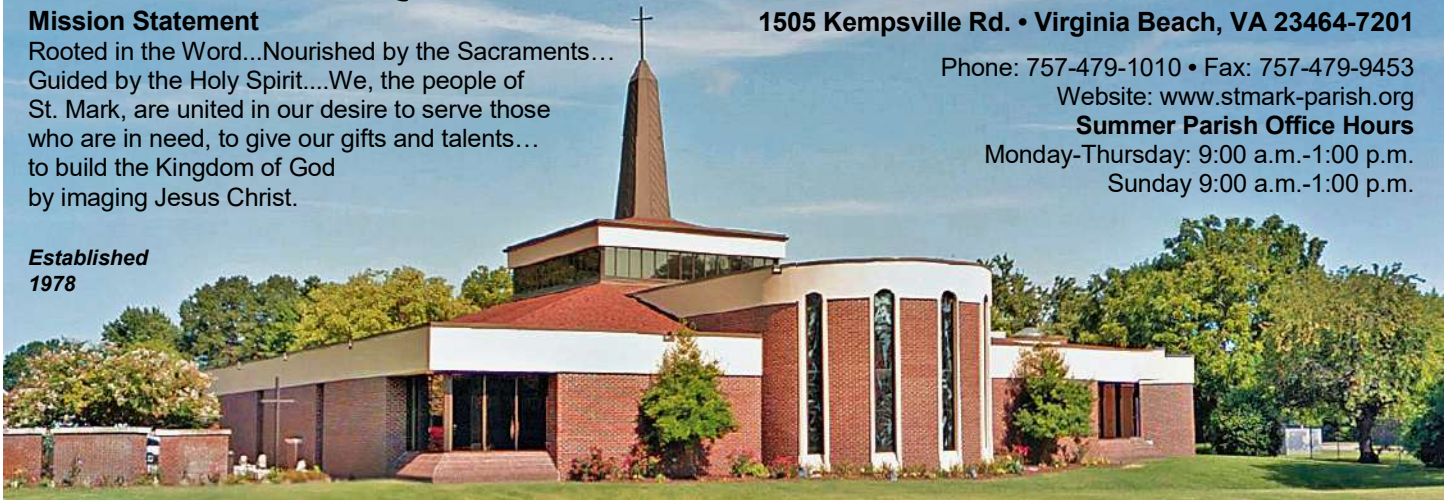
Website: www.stmark-parish.org

Summer Parish Office Hours

Monday-Thursday: 9:00 a.m.-1:00 p.m.

Sunday 9:00 a.m.-1:00 p.m.

Established 1978



LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday: 8:30 & 10:30 a.m. Tuesday and Thursday: 8:30 a.m. • Wednesday: 7:00 p.m. Check inside bulletin for possible changes.

PARISH STAFF

- Rev. Anthony Mpungu.....Pastor franthony@stmark-parish.org Michael Johnson & John Kren.....Deacons Mike JohnsonPastoral Associate deacon_mike@stmark-parish.org Mary Ellen Cussen Parish Bookkeeper bookkeeper@stmark-parish.org Denise Boyce Parish Secretary secretary@stmark-parish.org Michael K. WilliamsDirector of Music musicdirector.stmark@gmail.com Laura Ishmael..... Pianist Marlene GamesNursery Supervisor Brian Gridley..... Maintenance/IT Coordinator Alberto Rosado.....Custodian Hank Harzold.....Parish Council Chairman William McMican.....Finance Council Chairman



RELIGIOUS FORMATION STAFF

- Sharon Katzman.....Director of R.F. Rachel Rudman.....Coordinator of R.F. Fe Guzman..... Youth Minister

RELIGIOUS FORMATION OFFICE HOURS

Monday-Wednesday 9:00 a.m.-1:00 p.m.

Sunday 9:30a.m.-2:00 p.m.

Phone: 757-479-9897 • Fax: 757-479-9453

Email: sharon@stmark-parish.org

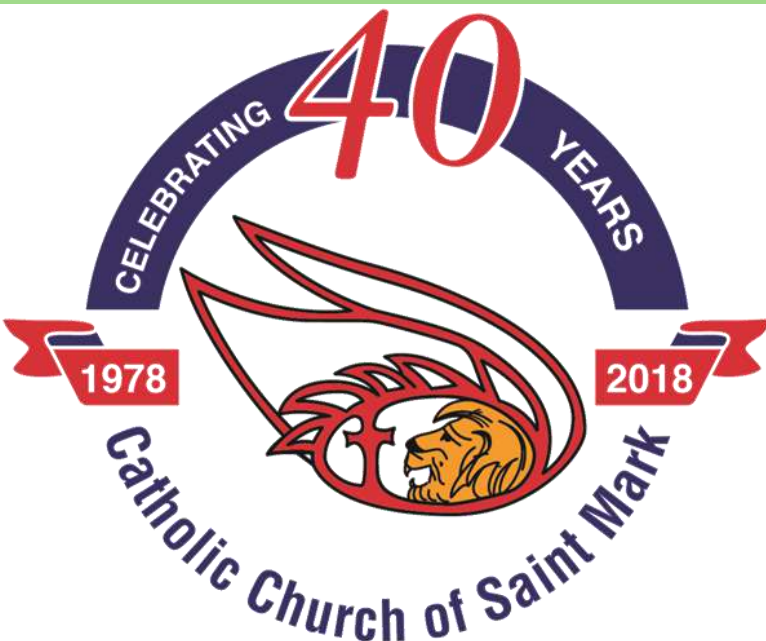
BAPTISM: Celebrated the 1st weekend of the month except during Lent. Contact Religious Formation Office for Baptism classes prior to the Sacrament.

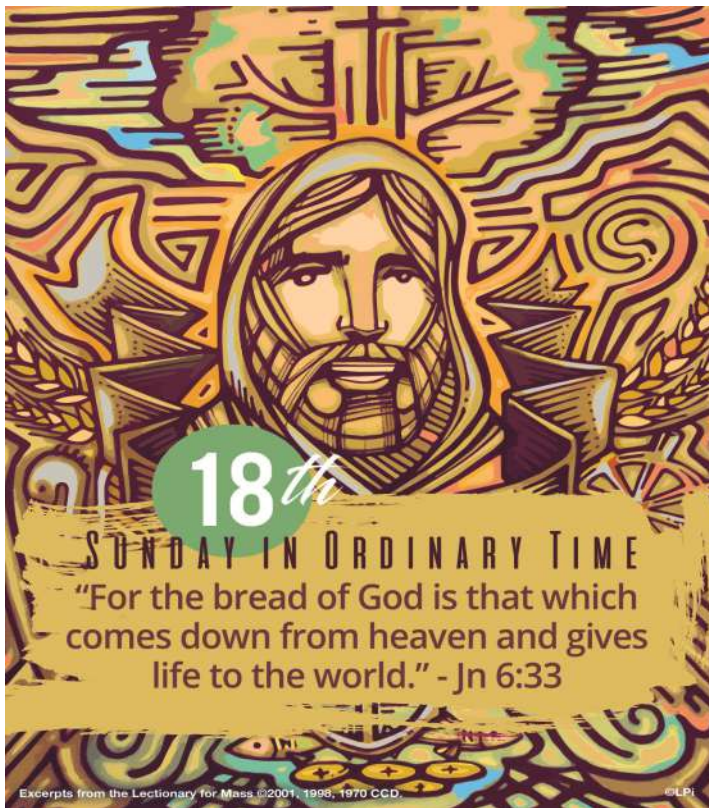
MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

MINISTRY TO THE SICK & HOMEBOUND: If you know someone who cannot attend Mass or desires a visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring a Columbarium niche, call the Parish Office.





18th

SUNDAY IN ORDINARY TIME
 "For the bread of God is that which comes down from heaven and gives life to the world." - Jn 6:33



Sunday Reflection from Father Anthony

The people have been looking for Jesus and they were able to find him! They remember what Jesus did at the multiplication of the loaves and fish and they were very amazed about this miracle. So they keep wanting to see more. They were showing so much interest in him but Jesus wanted to make sure that they were looking for him for the right reasons! Jesus categorically tells them that they should not look for him because of the bread that they ate but instead look for him because he is Lord and he provides more than bread but eternal life! In our world today it is very easy to be taken up by material things because society seems to be telling us that it is all we need. However, material things pass away and do not endure, but the value of human beings and life in God are for eternity. Accepting Christ and the word of God is all that can satisfy our spiritual hunger. The people were overtaken by the physical hunger which could never be satisfied, but Jesus comes to make us look beyond the physical and focus on what does not get finished! May we also understand what the true bread is and always long for that in order to be fed. Amen



"Calling all young people to serve our Lord at Holy Mass!" If you ever thought about becoming an Altar Server, or are interested in learning about this wonderful liturgical ministry of serving at the "altar of our Lord", please contact our Altar Server Coordinator - Jeff Paras at jeff.paras@gmail.com or Deacon Mike at deacon_mike@stmark-parish.org. We will then schedule a training session to give you an overview of this ministry and to answer all your questions. For a boy or girl to be an Altar Server - they should be at least 9 years old and have received their First Communion.

MASST INTENTIONS

and Daily Readings

MON	8/6		
The Transfiguration Of The Lord			Dn 7:9-10,13-14; Mk 9:2-10
TUES	8/7	8:30am	ROGER ROMERO + FRANK CISARIK SR. + Jer 30:1-2,12-15,18-22; Mt 14:22-36
WED	8/8	7:00pm	DANIEL JORDAN + DR. DANIEL P. REDMOND + Jer 31:1-7; Mt 15:21-28
THU	8/9	8:30am	SOLEDAD NAVE + Jer 31:31-34; Mt 16:13-23
FRI	8/10		2 Cor 9:6-10; Jn 12:24-26
SAT	8/11	5:30pm	NORMAN ARTHUR + BOB WEIDMAN +
SUN	8/12	8:30am	DEBRA HAMRIN + PHYLLIS NOONAN +
		10:30am	TERESA ANDERS + JOHN SKIPTUNAS + MARTIN and CATHERINE ZIMMER +
			1 Kgs 19:4-8; Eph 4:30-5:2; Jn 6:41-51



The Mass Intentions book is open! Intentions for 1 January– 31 March 2019 can be requested at this time. Please stop by the office to request mass intentions.



Please pray for the following: Nancy Tennin, Steven Barkow, Holden and Hadley Hewlett, Emma and Jeff Madrigal, Alice Volz and Don DeGroot and Ruby Steele.



Congratulations to Frank and Diane Hruska on 30 years of marriage and Debbie and Harry Morgan on 40 years of marriage. May God continue to bless you.



INTERESTED IN LEARNING MORE ABOUT THE CATHOLIC FAITH OR BECOMING CATHOLIC?

The Rite of Christian Initiation of Adults or RCIA is a process to learn and grow in the Catholic Christian faith. It begins with Inquiry where you come to ask questions and determine if this is right for you. It is open to those who have never been Baptized or are coming from a different Christian faith experience or not fully formed in the Catholic faith. Formation sessions are conducted on Monday evenings, starting at 7:15pm. If you are interested please contact Deacon Mike Johnson at 479-1010 or deacon_mike@stmark-parish.org.



St. Mark's Filipino Night Theme: Sharing Filipino Culture and Traditions. Date: September 29, 2018 @ 7pm. We are planning a fun night with great food, culture sharing, Filipino dances, and music. To make this happen, we need volunteers on different committees. Additionally, we need children (ages 5-16) who are willing to learn and perform some of the dances, songs, and games we will teach them. . If you are interested and have any questions, please contact: Marilou Huling Tel. # (757) 482-5848 and Ellen Mones Tel.#(757) 618-4642.



The Women's Book Club is seeking more members. The group is comprised of women of varied ages and diverse backgrounds. Please consider joining us. We meet every other month from 6:30 PM - 8:00 PM in the St. Mark library. Each book we read is chosen by the group members and focuses on some aspect of our Catholic faith. Won't you come learn with us and share your insights? It would be wonderful to have you as part of the discussions. The next meeting will be held on September 11, 2018. We will be discussing the book, Scandalous Mercy by Sr. Emmanuelle Maillard. For further questions, you can contact Genevieve Eirich at geirich1@verizon.net or sign up online at www.stmarkparish.org (Religious Formation-Adult Formation-Women's Ministry- Women's Book Club).



Cybercrime is hitting dioceses nationwide. If/ when you receive an email that shows the parish's pastor or a parish priest as the sender requesting you to purchase a gift card, rest assured it is a scam. Parishioners can and should contact the parish to verify the legitimacy of any suspicious request received through email. All cybercrime should be reported to the FBI at <https://www.ic3.gov/default.aspx>. It is up to the victim of cyber-crimes to file complaints.

Financial Box Score

Fiscal Year July-June	July 22	Offertory Year to Date	Needed Year to Date	Excess/ Short
Offertory	\$13,709	\$55,804	\$58,400	\$2,596

Family Count: 1170
Family using envelopes: 289
Family using online donation: 87



Thank You to the 18 adult and 41 teen volunteers that helped make Vacation Bible School **shipwrecked and blessed!** Our 66 participants loved their week! Thanks to the kids for participating in the school supply challenge benefitting ForKids. Thank you to Father Anthony for presiding at our mass on Friday. For pictures from the week see:

<https://www.facebook.com/CatholicChurchOfStMark>.

This Week at St. Mark August 6th-August 12th

MON	10:00am 7:15pm	Food Pantry in the Great Hall RCIA I/C in Great Hall & Library
TUES	8:30am 7:00pm	DAILY MASS Liturgy Committee Meeting in the Conference Room
WED	10:00am 7:00pm	Food Pantry in the Great Hall DAILY MASS
THUR	8:30am	DAILY MASS
FRI	9:30am 10:00am	Moms Group in the Conference Room Food Pantry in the Great Hall
SAT	5:30pm	WEEKEND MASS
SUN	8:30am 10:30am 1-3:30pm	WEEKEND MASS WEEKEND MASS Feed Our Neighbor at the Judeo Christian Outreach Center



Our gardens at St. Mark

Flowers and shrubs welcome everyone who comes to St. Mark. They are kept by us as a labor of love. Plants, shrubs, and trees only need a few hours a month to remain beautiful and inviting. All ages and abilities are welcomed to learn and assist. Contact Terri Zanchi at 757-339-9602 or tzanchi@live.com.



The Parish Picnic is scheduled for September 8th. We are continuing to celebrate the 40th Anniversary of St Mark's founding. This picnic is a pot luck party. The food categories for the dishes are vegetable, bean dishes, salad or slaw, macaroni dishes, veggie or fruit tray, deviled eggs, lumpia or pancit, and desserts. Meats will be handled separately. Signup sheets for the event are located at the 40th Anniversary table in the commons. Any questions? Please contact Jim Waltz at JWaltzFAM@outlook.com or call 757-754-9235.



Mom's Group

Expectant to experienced moms are welcome to join us for fellowship, support, adult conversation, and prayer. We meet in the conference room every Friday morning from 9:30-11:30 am. Come for all or part of the time. The Nursery is open, and babysitting is provided. For more information, please contact Holly Krukowski at 585-749-6941.

Justice & Peace**Food Pantry Item this Week is Spaghetti Sauce. Thank you!**

Our next Justice and Peace meeting will be Monday, August 20th at 7PM. Please join us and bring a friend as we pray and work together to help build the Kingdom of God here at St Mark and in our world.



For the month of **August** our Diocese will be focusing on **Global Solidarity and Haiti Awareness**. The corresponding Catholic Social teaching principal is Solidarity. Global Partnership has played an important role in the Diocese of Richmond for years. Since the mid-1980s, multiple parishes have embarked on a global solidarity partnership with Haiti through its twinning ministry. Our diocesan twinning program enables individuals and parish communities to encounter Christ with impoverished people in Haiti. The Office of Social Ministries continues to find ways to educate and build capacity within all our global partnerships. Here at St. Mark we have had a Twinning relationship with Maison Fortune Orphanage since 2002. Please join the Diocese in celebrating Haiti Awareness Month.



SCHOOL SUPPLIES: Our Justice & Peace Committee will be collecting school supplies for the month of August. These supplies will be distributed to children in need via our Migrant Worker Ministry, Treakle Elementary, Tallwood Elementary, Parkway Elementary, College Park Elementary, Brandon Middle, Green Run High, as well as other area organizations and schools. Items needed but not inclusive are: pens, pencils, spiral notebooks, composition books, rulers, glue sticks, notebook paper, 3 ring binders (all sizes), safety scissors, colored pencils, highlighters, pocket folders, erasers, crayons, back packs... Please visit the Justice & Peace Bulletin Board for supply lists and more information. If you are a parishioner or know of a parishioner who is in need of help with school supplies for their children please contact justiceandpeace@stmark-parish.org or Joyce Gridley 675-6486.



Sacred Heart Catholic Church, 520 Graydon Ave, Norfolk, VA will, once again, host their Summer Sizzler series of lectures and group discussions. Each Sizzler presentation and discussion is held on Wednesday evening from 7:00 PM – 9:00 PM. Dessert and beverages are provided. The schedule is as follows:

August 8 – Jeff Caruso - Dignity of the Person

August 15 – Jay Brown – Immigration/Refugee

August 22 – Paul Amrhein - Economic Justice/Poverty

August 29 – Mark Hoggard - Laudato Si and the Popes teaching on Care for Creation/Environmental Justice

Please join us for an evening of education, enlightenment, and conversation.



Cultivating Nonviolence, Harvesting Peace is an 8 week program of JustFaith Ministries that invites participants to explore what it means to sow seeds of nonviolence today, and to formulate a response to the violence within ourselves, our communities, and our world. While the program views the issue through a Christian lens, anyone with an interest in the theory and practice of nonviolence is welcome to participate in the group. The program will be offered at Sacred Heart Catholic Church in Norfolk on Mondays from 2-4:30 pm, beginning September 17th. If there is enough interest a Monday evening group can be offered as well. If you would like more information or would like to register to join this small group, contact Kathy Early at kearly314@gmail.com. To learn more, go to <https://justfaith.org/cultivating-nonviolence-harvesting-peace/>



FEED OUR NEIGHBOR: St. Mark will be serving dinner at the Judeo-Christian Outreach Center on Sunday, August 12th. As always, we need your help with food donations. Please take a tag or two from the "Feed Our Neighbor" bulletin board in the Commons on August 4th & 5th. Return the food items with the tags to the kitchen when you come to Mass on August 11th or 12th. Volunteers are needed to prepare and serve the meal from 1:00-3:30 on Sunday, August 12th, at the Judeo-Christian Outreach Center. Please text DJ Bradley @ 390-7064 or call or text Bobbi Drewiske @749-0107 to volunteer.



Don't let your fears keep you from having the best marriage ever! Learn how to keep your marriage from becoming a divorce statistic. The next **Worldwide Marriage Encounter** weekends are: Sep 21-23, 2018 in Herndon, VA and Nov 9-11, 2018 in ATLANTIC BEACH, NC. Early sign up is recommended. For more information visit our website at: <https://renewmarriage-vasouth.org/> or contact us at applications@renewmarriage-vasouth.org or 757-690-1369.



lhran75@aol.com.

Please Join Us! Greater Hampton Roads **Cursillo Ultreya**. SAVE THE DATE! Saturday, August 11th at Immaculate Conception Catholic Church. @150 Cunningham Drive, Hampton, VA 23666. All Cursillistas are welcome! Holy Mass begins at 5:30 PM. Potluck Dinner to Follow (Bring your favorite side dish). Questions? Contact Lisa Ranellone at

Make a Friend, Be a Friend, Bring a Friend to Christ.



Catholic Charities of Eastern Virginia's (CCEVA) Post Adoption program needs your help! CCEVA is looking for volunteers to be "buddies" for a 7 week camp for children who have been adopted with a background of trauma. This is an amazing opportunity to make an impact on a child from a hard place. The camp runs on Thursday nights from October 4th through November 15th from 5:45 until 8:00. Training will be provided prior to the camp. For more information on being a buddy, or if your family is looking for post-adoption education or support, please contact Rebekah Hall at 757-533-5217 x1019 or by e-mail at rhall@cceva.org.



Catholic Charities Offers Vital Counseling Services. CCEVA offers Individual Counseling for Children and Adults, Marriage and Couples Counseling, Family Counseling & Depression Screenings. Counseling helps support individuals through life's most difficult circumstances & supports the growth of personal strengths and helps empower individuals to make healthy choices for positive

change. Our staff consists of Licensed Professional Counselors, Licensed Eligible Resident Counselors, and Interns. Day and evening hours are available by appointment. Please call 757-467-7707 on the Southside and 757-875-0060 on the Peninsula. For those who qualify for financial assistance, a sliding fee scale is offered.



St. Gregory the Great Catholic School is seeking certified teachers for the following full-time positions for the upcoming 2018-19 School Year: PreK, 4th grade, Band Director, Middle Grades Social Studies and Religion. Practicing Catholics with at least two years of teaching experience preferred. Please complete a Diocesan Application and submit along with a resume and a copy of your current Virginia teaching license (except for Religion). Email all documents to principal@sggsvb.org.



MARK YOU CALENDARS Holy Name of Mary's (Bedford, Virginia) tent revival, "Behold, I Make All Things New." September 28-29. Our keynote speaker is Deacon Larry Oney, who has been on EWTN, and recently featured in "Word Among Us". The cost is \$20 for adults, \$10 for students. For information and to [Register](#) or visit [Holy Name of Mary website](#) .



Gently Used Book Sale: The Saint Gregory the Great Women's Club will host it's 22nd Annual Gently Used Book Sale on Saturday and Sunday, August 11-12, from 8 am to 2 pm in Paschal Hall Assembly Room. Thousands of books of many genres, with a large selection of fiction, religion, biography, history, spanish and children's books along with DVDs and music will be available with most prices ranging from 50 cents to \$2. Sunday afternoon ,from 1-2 pm, fill a bag for \$5. Bags are provided. All proceeds to benefit Women's Club Charities. Any questions please call M. Stokley at 757-681-4458. Thanks for your support!



ADVANCE NOTICE ON TRAFFIC RECONSTRUCTION. If you pass through the intersection of Indian River Road and Kempsville Road you may have seen signs leading to the beginning of a major construction renovation of the crossing. For the next 18 months or so you may want to avoid the intersection all together. The City has begun constructing what is called a "Continuous Flow Intersection" or "CFI" at the crossing. This will be the only intersection of its kind in South East VA. For your own sanity it would be wise to find an alternate route around the intersection during the construction process.