

THE CATHOLIC CHURCH OF

Saint Mark

Mission Statement

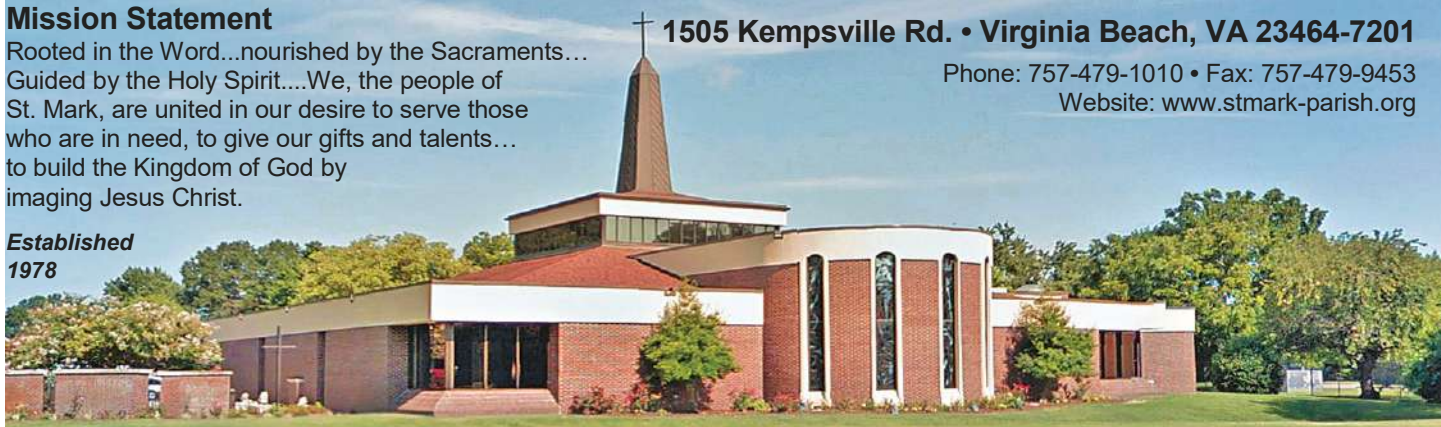
Rooted in the Word...nourished by the Sacraments... Guided by the Holy Spirit....We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents... to build the Kingdom of God by imaging Jesus Christ.

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201

Phone: 757-479-1010 • Fax: 757-479-9453

Website: www.stmark-parish.org

Established 1978



LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday at 8:30 & 10:30 a.m. Tuesday and Thursday at 8:30 a.m. Wednesday at 7:00 p.m.

Parish Office Summer Hours

Monday-Thursday: 9:00a.m.– 1:00p.m. Sunday 9:00a.m.-1:00p.m.



19th SUNDAY IN ORDINARY TIME

“Blessed are those servants whom the master finds vigilant on his arrival. Amen, I say to you, he will gird himself, have them recline at table, and proceed to wait on them.” - Lk 12:37

PARISH STAFF

- Rev. Anthony Mpungu.....Pastor
franthony@stmark-parish.org
Revs. Mr. Mike Johnson & John Kren.....Deacons
Rev. Mr. Mike Johnson.....Pastoral Associate
deacon_mike@stmark-parish.org
Mary Ellen Cussen.....Parish Bookkeeper
bookkeeper@stmark-parish.org
Michelle Mocco.....Parish Secretary
secretary@stmark-parish.org
Mark Smeland.....Music Coordinator
msmeland@gmail.com
Vikki IgnacioLiturgical Musician
Brian Gridley.....Maintenance/IT Coordinator
Faith Daxton.....Housekeeping
Renee McCroskey.....Nursery Supervisor
Hank Harzold.....Parish Council Chairman
William McMican.....Finance Council Chairman

RELIGIOUS FORMATION STAFF

- Sharon Katzman.....Director of R.F.
Fe Guzman.....Youth Minister

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m–1:00p.m. (summer hours)
Sunday 9:00a.m.-2:00p.m.
Phone: 757-479-9897 • Fax: 757-479-9453
Email: sharon@stmark-parish.org

BAPTISM: Celebrated the 1st weekend of the month except during Lent. Contact Religious Formation Office for Baptism classes prior to the Sacrament.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

MINISTRY TO THE SICK & HOMBOUND: If you know someone who cannot attend Mass or desires a visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring a Columbarium niche, call the Parish Office.

FATHER ANTHONY'S REFLECTION

I welcome you this 19th Sunday in the Ordinary time. Jesus' message to his disciples is not to be afraid. The work of the servants is to wait on their master ready to open the door when he comes. Being Christian is like being a servant that has been entrusted with a duty and the master is waiting. Being a servant is also an honor because we have the key to the door. This must always be attended to for whoever comes and wishes to enter. This means that there is no way a servant can doze off; he or she must be awake all the time. When the master comes and finds his servants waiting, he will reward them; but if he finds them asleep, he will be disappointed. Being ready to welcome Christ means doing his will all the time. Not to do the will of Christ, will be denying oneself the opportunity to dine in the heavenly banquet. It is a Christian duty for everyone to be a faithful and prudent steward. And how do we know how to be one? It is very important to understand that we have all been given those talents and gifts which we need to put to good use. We must look around us to see the needs of others and if there is anything we can do, we must do it. This is the ticket that will give us access to the heavenly banquet. As we await on the Lord, let us do something as we wait. Amen.



With Offerings and Intentions

MONDAY 8/8	SAINT DOMINIC, PRIEST, Ez 1:2-5,24-28c; Mt 17:22-27
TUESDAY 8/9	SAINT TERESA BENEDICTA OF THE CROSS, VIRGIN, MARTYR Ez 2:8-3:4; Mt 18:1-5,10,12-14 Kathryn Martinoli (†)
WEDNESDAY 8/10	SAINT LAWRENCE, DEACON, MARTYR 2 Cor 9:6-10; Jn 12:24-26
THURSDAY 8/11	SAINT CLARE, VIRGIN Ez 12:1-12; Mt 18:21-19:1
FRIDAY 8/12	SAINT JANE FRANCES DE CHANTAL RELIGIOUS Ez 16:1-15,60,63; Mt 19:3-12
SATURDAY 8/13	SAINTS PONTIAN, POPE, & HIPPOLYTUS, PRIEST, MARTYRS Ez 18:1-10,13b,30-32; Mt 19:13-15 Carmelita Morales (†)
SUNDAY 8/14	TWENTIETH SUNDAY IN ORDINARY TIME Jer 38:4-6,8-10; Heb 12:1-4; Lk 12:49-53 Jurchak Family (I) Drouin Family (I)

(†) Offerings for the Deceased
(I) Intentions for the Living



Flowing from the Year of St. Joseph, the icon of St. Joseph will be in our parish from August 15th until August 21st. We invite you to participate in this prayer. More information to follow.

PRAYER REQUESTS



Kerry Allen, Rose Marie Branier, Ryan Steele, Jan Johnston, Paul Caddies, Molly Kibble, Abelino Santiguel, Janet Wright, Pat Byrne, Brittany Cochran Yokley, Dawn Boroden, McBride Family, Patricia MacCartney, LaDonya Bradley, Trish Simpson, David McElheney, Evelyn Harzold, Billie Dudley, Antonio & Gloria Fernando, Rose Sunderland, Rose Fisher, Kenneth Delorenzo, Perry Francisco

Please pray for the repose of the souls of Jun Mariano, Renato Tugbang, and Judith Hickey. Eternal rest, grant to them, O Lord, and let perpetual light shine upon them. May their souls, and all souls of the faithful departed, through the mercy of God, rest in peace.

Please pray for the Mariano, Tugbang, and Hickey Families.

JUSTICE AND PEACE

Visit the Justice & Peace page on our website for more information on our ministries and current focus, www.stmark-parish.org/ministries/justice-and-peace or email us at justiceandpeace@stmark-parish.org.

August Foods of the Month

15-18 oz. Creamy Peanut Butter
Individual Fruit Cups



“Did you Know: Our Justice & Peace ministry has 10+ areas we work to help those in need. From food, clothing, providing resources. Watch the bulletin each week as we highlight our different outreach ministries. For more information about the ministry contact: justiceandpeace@stmark-parish.org.



Food Pantry Update: In just three weeks for month of July our Food Pantry served 231 adults and 151 children. We handed out 140 bags of food to those in need in our community and our numbers continue

to increase. It is only through the generosity of your continued donations of volunteering, financial and food that we can help each guest who comes to us for help. **THANK YOU!**



Human trafficking: Virginia Governor Glenn Youngkin recently ceremonially signed seven bills to enact legislation to combat human trafficking in the Commonwealth and empower

survivors. Please look up the bill for details and up to date information on it. HB 1334, amends the definition of “abused or neglected child” to include a child who is sexually exploited or abused by an intimate partner of the child's parent or caretaker. The bill requires a local department that receives a complaint or report of child abuse or neglect over which it does not have jurisdiction to forward such complaint or report to the appropriate local department if the local department that does have jurisdiction located in the Commonwealth.



Migrant Ministry: For the month of August, we will be collecting items for the Eastern Shore Migrant Ministry male workers. Items needed are Men's baseball hats or sun Hats, men's socks,

men's sneakers, or work shoes sizes 6-10, men's long sleeve shirts, dark colored men's boxer briefs and full-size toiletries for men. Please place items in the marked bin in Great Hall next to the Justice & Peace table. For more information contact Lita Razon (757)467-4936.

THIS WEEK AT SAINT MARK



August 8th - 14th
Parish Office Hours
(Summer Hours)
Mon-Thurs 9am - 1pm
Sunday 9am - 1pm

MONDAY

715pm

RCIA Formation in Conf Room & Great Hall

TUESDAY

830am

WEEKDAY MASS in the Daily Chapel

WEDNESDAY

10am-1pm
630pm
7pm

Food Pantry in the Great Hall
Rosary in the Daily Chapel
WEEKDAY MASS in the Daily Chapel

THURSDAY

6am
830am
930am
630-830pm

Men of St Joseph in the Great Hall
WEEKDAY MASS in the Daily Chapel
PLARN in the Great Hall
KofC Officer's Meeting in the Great Hall

FRIDAY

NOTHING SCHEDULED

SATURDAY

5pm
530pm
630-930pm

Rosary in the Sanctuary
WEEKEND MASS in the Sanctuary
Fr. Anthony's Anniversary Pot-Luck Celebration in the Great Hall

SUNDAY

8am
8am
830am
10am
10am
1030am

Child Care in the Nursery
Rosary in the Sanctuary
WEEKEND MASS in the Sanctuary
Child Care in the Nursery
Rosary in the Sanctuary
WEEKEND MASS in the Sanctuary with Facebook Live Stream



Spiritual Adoption

Last year we Spiritually Adopted over 250 unborn babies. We prayed for them, for their Moms and their Dads. Together we celebrated their births. **NOW WHAT?** What are we doing to

guide them, to care for them, help them and all the babies, Moms, and Dads who chose life? Watch for exciting news as our Justice & Peace ministry and Knights of Columbus embark together via “Aid and Support After Pregnancy” and “Walking With Moms in Need” ministries to walk and support families who **CHOOSE LIFE.**



**Collections for the week of
July 31, 2022:
\$ 16,479**

Fiscal Year July-June	Budgeted Year to Date	Offertory Year to Date	Excess/ Short
New Fiscal Year Offertory	\$85,000	\$79,650	(\$5,350)

Family Count: 876 Envelopes: 174 Online: 157

Online Donations

If you currently do not give online, but would like to, please sign up at:
<https://giving.parishsoft.com/app/giving/stmarkvb>.

**Missionary Priest Second
Collection**
Donations to date total: **\$9,467**

PARISH LIFE



Hand-in-hand with Funeral Receptions are our dedicated Heavenly Chefs with Susan Deml at the helm! These people are quick to prepare food within a few days' notice, and there is always a wonderful spread, beautifully presented.

Sandy Barczyk and Annette Welch have been planning Wisdom Seeker get-togethers for the past few years at St. Mark. Sandy also schedules masses for the group and keeps a running booklet of present and past members. Both ladies love their ministry and it is obvious by the excited participants at the events!

Tony Montemurno selflessly organizes the Sunday Hospitality, known to all as "Coffee and Donuts". This is not an easy task but Tony has successfully kept the schedule going for a few years now. And fellowship in the Great Hall after mass is a wonderful way to relax and meet other parishioners.



August is Father Anthony Month!!! Our beloved pastor has now been with us for 7 years. His birthday is August 3rd and the Anniversary of his Ordination is August 13th! This year plan to celebrate with Father and our parish after the 5:30pm

mass on Saturday, August 13th in the Great Hall. Please bring a Pot Luck dish for his Dinner. If you have a idea for the festivities or you would like to volunteer to help set up, please contact Linda Major at 757-615-0763.

**YOUTH, TEEN & YOUNG ADULT
UPCOMING EVENTS**

**Calling ALL rising 6-8 Graders!
JOIN US!**

**MIDDLE SCHOOL DAY RETREAT
Richmond, VA * August 6, 2022**

A high-energy day focused on building community & friendships with other middle school youth, and encouraging zeal for our Catholic faith.



At the end of the day, middle school youth will walk away feeling excited about their community and their faith.

Interested? Contact Fe Guzman for more information
fe@stmark-parish.org

**Calling youth and young adults (16-35)!
JOIN US!**

**WORLD YOUTH DAY 2023
Lisbon, Portugal * August 1-6, 2023**

With a diocesan sponsored pilgrimage to Lourdes, Fatima and Santiago de Compostela from July 24, 2023



Discount and payment plans available with registration before July 31, 2022!
Interested? Contact Fe Guzman for more information
fe@stmark-parish.org

OUR CATHOLIC FAMILY



**Dependence on God and
Vigilant and Faithful
Servants
Luke 12:32-40**

Jesus tells us, in today's gospel, that we must always be prepared for his return. The tricky part is that he doesn't tell us when. We just need to be continually preparing. That is we need to be living a life that looks like Christ. Saint Joseph of Cupertino is the Patron Saint of Test takers. The prayer of intercession is this: *Please let us only be asked the questions to which we know the answers.* The trick is that for this to occur, means the student must study. Be prepared. That is we need to be leading the life of a student; which in Christ/faith lingo is a *disciple*. How are you preparing yourself to be a disciple of Christ? Reading up on saints? Memorizing a verse of Scripture? Going to Mass each Sunday because it is a day of *obligation/obedience*? Praying daily for others? What are other activities you might want to incorporate into preparing?

LITURGY CORNER



Do You Feel Called to Serve (continued)?

Later this month we will have a special day to appreciate all our volunteer ministers, on August 25th. Besides that appreciation, we will also be inviting those who

feel called to serve in ministry. The focus of this week's Liturgical Ministry is **the role of an Altar Server.**

"Thank you for serving at the Lord's altar and for making of this service a real school of learning the faith, and charity toward your neighbor. Thank you also for having begun to respond to the Lord, like the prophet Isaiah, "Here I am. Send me" (Is 6:8)." (words spoken by Pope Francis at the International Pilgrimage of Altar Servers, Saint Peter's Square, August 4, 2015)

Altar servers, both boys and girls, assist the clergy in celebrating the Sacred Liturgy, especially the sacrifice of the Holy Mass. The various tasks of altar servers include leading liturgical processions, assisting with the Missal and the book of prayers, helping set the altar and attending to sacred vessels after communion. Altar servers also help with the candles, incense, and processional cross.

In addition to liturgical service, altar serving is also a wonderful way for our children to advance in spiritual life that is centered on the Eucharist and to grow in vocational awareness. Servers participate in the Sacred Liturgy with their own work that contributes to the Work of the Faithful and the prayer of the Church and thus their service help build up the Body of Christ. In this way, altar serving is a serious ministry that requires commitment, reliability, and a certain amount of dedicated time, so it is carried out worthily.

WORD OF THE WEEK

to think that (someone or something) will arrive or that (something) will happen



WELCOME TO THE CATHOLIC CHURCH

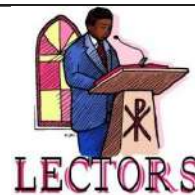
Rite of Christian Initiation of Adults (RCIA) is the process in which adults become full, participating members of the Catholic Church. Participants, known as catechumens go through a process of studying the Gospel, nurturing their relationship with God, becoming familiar with the Catholic teachings and practices, professing their faith in Jesus and the Church, and receiving the sacraments of initiation: Baptism, Eucharist, and Confirmation.

For more information on how to start your journey, contact Dcn. Mike Johnson @ 757-479-1010 or Deacon_Mike@stmark-parish.org.

MINISTRY OPPORTUNITY

SAVE THE DATE!

Lector training will be held on August 31st. Open to all current and new lectors and those wanting to know more about



Coordinator of Religious Formation

Catholic Church of St Mark -
Virginia Beach, VA




The Catholic Community of St Mark, in Virginia Beach, VA is currently seeking a part-time (25 hour a week) Coordinator of Religious Formation. Under the supervision of the Director of Religious Formation the Coordinator is responsible for the administration of the Children's Liturgy of the Word on Sundays, the Religious Formation program for grades Kindergarten to 5th Grade, Sacramental preparation for the Sacraments of First Reconciliation and First Communion, along with the Rite of Christian Initiation for Adults adapted for Children, summer Vacation Bible School and assisting the Director of Religious Formation in any other programs and events.


QUALIFICATIONS: This person must be an active, practicing Catholic; have at least a bachelor's degree in church ministry, theology, religious studies, religious education, or equivalent experience in Parish ministry; knowledge of the Church's teaching and renewed effort in the New Evangelization. Must be proficient in Microsoft Office and Outlook email; capable of learning Church database; passing a background screening and completion of the VIRTUS "Protecting God's Children" course are mandatory.

SKILLS DESIRED IN APPLICANT: This person must have excellent written and oral communication skills; excel in electronic communication and social media; be capable of working collaboratively as an active member of the pastoral staff team; have ability to work with parishioners in different ministerial settings; have the ability to supervise volunteers, be self-motivated, creative and a trustworthy steward of parish resources; be able to plan and execute formation activities. Travel may be required for certain formation related events. For a complete job description or to submit a resume, please contact Fr. Anthony Mpungu at franthonym@stmark-parish.org.

**Financial, Retirement,
College & Estate
Planning**



PATRICK TEDESCO
Certified Financial Planner™
Financial Advisor
 (757) 216-1214 www.tedesco.wradvisors.com
Parishioner St Marks 39yrs.



WADDELL & REED
 Financial Advisors

CELEBRATING
GHIS 70 of **CRUSADERS**
 CATHOLIC HIGH SCHOOL
 (757) 467-2841 - CHSVR.ORG - @CHSVRUSADERS



Calvin L. Carter &
 Daughter, Laurie Carter Bleh
547-0111
C.L. Carter
HEATING & AIR CONDITIONING
 Residential & Commercial • FREE system estimate
www.clcarterheatingandair.com
 Family Owned Since 1968

ORTHODONTICS *Smiles of a lifetime
for Families & Friends*
DR. ANTHONY W. SAVAGE

Hilltop	428-1110	Bayside	460-8879
Kempsville	495-3643	General Booth	427-1350
Onley	787-7878	www.vbortho.com	

Member American Association of Orthodontists

St. Matthew's Catholic School
NEW DAYCARE PROGRAM FOR 2YR OLDS!

NOW ENROLLING Early Learners - 3yr olds
 Junior Kindergarten - 4yr olds
 Full Day Kindergarten

• Financial Aid Available • Transportation
 • Before & After School Care

Call Barbara Hawthorne for a private tour
757.420.2455

Committed to Excellence



ALTMAYER
FUNERAL HOMES

Chesapeake • Norfolk
 Portsmouth • VA Beach
www.altmeyerfh.com
 Catholic Family
 Owned & Operated



James E. Altmeyer, Sr. & Jr.
 Owners & Directors

5033 Rouse Dr. • VA Beach • 422-4000
 1801 Baltic Ave. • VA Beach • 428-1112
 928 S. Battlefield Blvd. • Chesapeake • 482-3311



Nunez
 FINE JEWELERS
 For All Your Jewelry Needs

**Beach Engraving's
 New Home**

Visit us for
 Jewelry & Personalized Gifts

We do Repairs, Engraving,
 Appraisals, We buy gold
 & much more
757-425-8723

**Contact me for
 MEDICARE plan needs**



Bernie Angeles
 Independent Insurance Advisor
(845) 406-2812
bangeles78@gmail.com
 Speaks Fluent Tagalog
*Not affiliated with Medicare or any government agency

**GROW YOUR BUSINESS
 BY PLACING AN AD HERE!**



Contact Wendy Bond to place an ad today!
wbond@4lpi.com or (800) 477-4574 x6420

yNot *Ynot delivers the
highest quality
authentic Italian
food to your door
or your table.*

**Pizza
 &
 Italian Cuisine**

757-474-6000
 5257 Providence Rd



**BE THE
 GOOD**

**Alencar Family
 FOUNDATION**

www.affbethethegood.org • 305-409-3977

Chris Kren | REALTOR®, GRI, SFR, SRES
 Circle of Excellence Award Winner



**Rose
 &
 Womble**

D (757) 567-2233 | O (757) 436-3636 | F (757) 390-3421
ckren@roseandwomble.com | Licensed in Virginia
 300 Cedar Lakes Drive, Chesapeake, VA 23322 | chriskren.com



ENGLISH  ESPAÑOL

Smiling with Love
 Pediatric Dentistry
 Now Accepting
 New Appointments for Children
 5004 Ferrell Pkwy, Ste. 104, Virginia Beach, VA 23464
 757-296-0570
 "The Fruit of Love is Service"

M **757-456-5018**
 marian-manor.com

**MARIAN
 MANOR**
 ASSISTED LIVING

5345 Marian Lane
 Virginia Beach, VA 23462

Sponsored by the Catholic Diocese of Richmond.

757-495-4211
 ourladyperpetualhelp.com

**Our Lady of
 Perpetual Help**

4560 Princess Anne Rd.
 Virginia Beach, VA 23462

Memory Care
 Extensive Assisted Living
 Nursing Care



DR. JAYME OLIVEIRA
 DDS, FAGD, FICOI

Greenbrier Pkwy, Ste 101
 Chesapeake, VA 23320

757.546.0301



**Alencar Family
 Dentistry**

www.alencarfamilydentistry.com



PARISHIONER • MEMBER OF THE KNIGHTS OF COLUMBUS

Best and Dependable
Professional Nursing & Home Health Care, Inc.

OUR STAFF:
 Skilled Nursing - Home Health Aides - Therapists
 Private Duty: RN, LPN, CNA
 Medical Social Worker - Personal Care Aide

NANCY A. DIMAANO, RN, MSA
 PARISHIONER
 812 Newtown Rd, Virginia Beach, VA 23462
 757-363-7542 • Fax: 757-363-7549
www.bestanddependable.com

**Knights of Columbus
 Kempsville Council**

Service to Church and community

For information or to join contact
 John Garcia 757-718-0884

**Place Your Ad Here and Support
 our Parish!**

Instantly create and purchase an
 ad with

**AD
 CREATOR
 STUDIO**




Fairfield Montessori School
 Now Enrolling for
 School Year 2022 - 2023.
 3 to 6 years old

**Language - Math - Science
 Art - Music - Cooking**

Cultural Studies - Spanish - German

Full day Program - State Licensed
 Call Laling Castner for an appointment to
 come and see this very unique setting.
 5236 Windsor Lane - Virginia Beach
 757-497-1921



**Beach
 Tree & Stump**

Tree and Stump Removal
 Pruning and Shaping
 Emergency Service
 Snow Removal
 Residential & Commercial
 Licensed & Insured
 Competitive Rates
 Free Estimates




Sam Harmon
 USN Ret Owner/Operator
 (757) 646-3085



ORTHODONTICS
 For Children & Adults



DIPLOMATE
 AMERICAN BOARD
 OF ORTHODONTICS

Anthony R. Peluso, D.D.S.
 Ross A. Savage, D.M.D.

EasternVirginiaOrthodontics.com

Greenbrier - 711 Greenbrier Parkway, Suite 102 • Chesapeake, VA 23320 • 757-547-7002
Wards Corner - 302 East Little Creek Road, Suite 300 • Norfolk, VA 23505 • 757-583-2333
Rose Hall Professional Centre - 3145 Va. Beach Blvd., Suite 101 • Virginia Beach, VA 23452 • 757-340-2881