

THE CATHOLIC CHURCH OF

Saint Mark

Mission Statement

Rooted in the Word...Nourished by the Sacraments... Guided by the Holy Spirit...We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents... to build the Kingdom of God by imaging Jesus Christ.

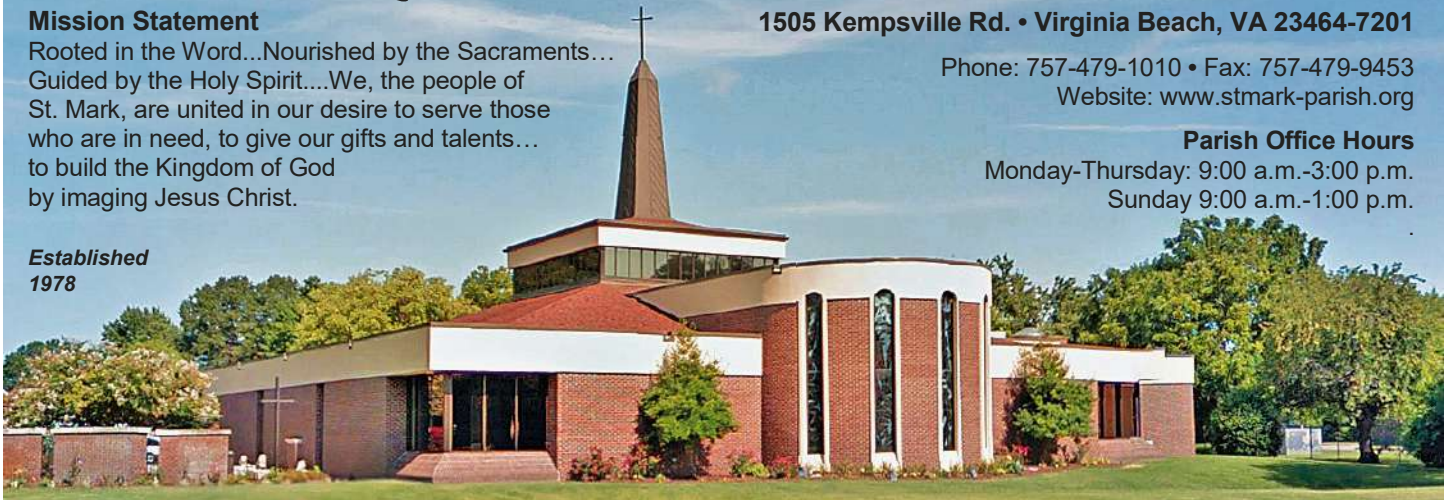
Established 1978

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201

Phone: 757-479-1010 • Fax: 757-479-9453 Website: www.stmark-parish.org

Parish Office Hours

Monday-Thursday: 9:00 a.m.-3:00 p.m. Sunday 9:00 a.m.-1:00 p.m.



LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday: 8:30 & 10:30 a.m. Tuesday: 8:30 a.m. • Wednesday: 7:00 p.m.

Check inside bulletin for possible changes.

Nursery available for 8:30 a.m. & 10:30 a.m. Masses.

PARISH STAFF

- Rev. Anthony Mpungu.....Pastor franthony@stmark-parish.org Michael Johnson & John Kren.....Deacons Mike JohnsonPastoral Associate deacon_mike@stmark-parish.org Mary Ellen Cussen Parish Bookkeeper bookkeeper@stmark-parish.org MJ Sargent Parish Secretary secretary@stmark-parish.org Michael K. WilliamsDirector of Music musicdirector.stmark@gmail.com Laura Ishmael..... Pianist Marlene GamesNursery Supervisor Brian Gridley..... Maintenance/IT Coordinator George Dillon III.....Parish Council Chairman William McMican.....Finance Council Chairman

RELIGIOUS FORMATION STAFF

- Sharon Katzman.....Director of R.F. Rachel Rudman.....Coordinator of R.F. Fe Guzman.....Youth Minister

RELIGIOUS FORMATION OFFICE HOURS

Monday-Wednesday 9:00 a.m.-1:00 p.m. Sunday 9:30a.m.-2:00 p.m.

Phone: 757-479-9897 • Fax: 757-479-9453 Email: sharon@stmark-parish.org

BAPTISM: Celebrated the 1st weekend of the month except during Lent. Contact Religious Formation Office for Baptism classes prior to the Sacrament.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

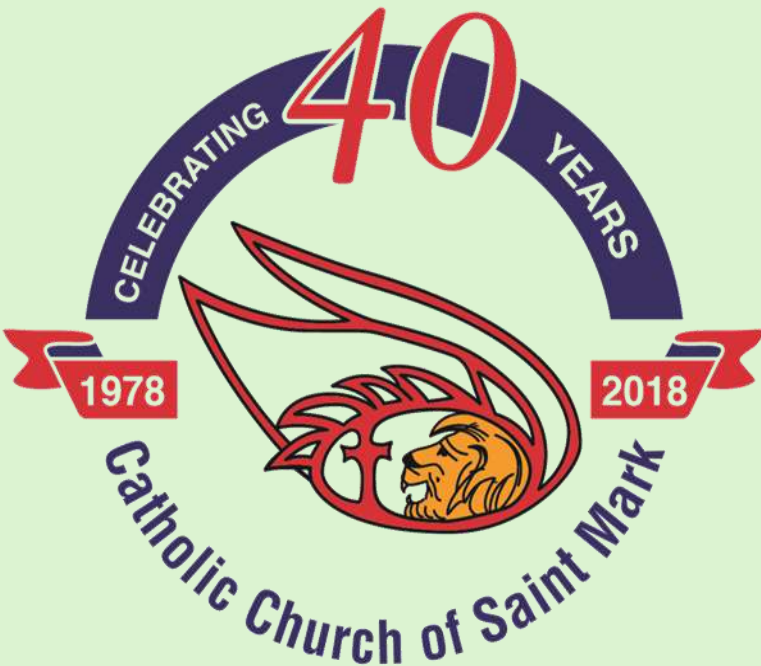
MINISTRY TO THE SICK & HOMEBOUND: If you know someone who cannot attend Mass or desires a visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring a Columbarium niche, call the Parish Office.

40th Anniversary Directory Photos

There are several of the "Free Photos" from the Parish Directory sessions in the office. Please stop by check if we have yours!



April 29th – Anniversary Mass

May 19th – Mass & Celebration

September 8th – Anniversary Parish Picnic

Mass INTENTIONS

and Daily Readings

MON	2/12		JAS 1:1-11; MK 8:11-13
TUES	2/13	8:30am	ROBERT KOHLER + NATALIE ARMSTRONG + JAS 1:12-18; MK 8:14-21
WED	2/14	12:00pm	CHRIS PEACORE, SR. +
		7:00pm	CLAUDIA LAWLOR + JOHN POWELL + JL 2:12-18; MT 6:1-6;16-18
THU	2/15	8:30am	BARBARA MUNCY + PAUL ALDAY + DT 30:15-20; LK 9:22-25
FRI	2/16		IS 58:1-9A; MT 9:14-15
SAT	2/17	5:30pm	DANTE ACEDO + ANNA & JOSEPH WARGO + IS 58:9B-14; LK 5:27-32
SUN	2/18	8:30am	PEGGY RYBARCZYK + CHRISTOPHER DOW + JACINTO & ISABEL GONZALES +
		10:30am	LYNDA WILLIAMS + ROBERT KOMLOSKY + GN 9:8-15 PS 25:4-5,6-7,8-9 1 PT 3:18-22 MK 1:12-15



Shawn Perine, Brian Sunderland, Patty & Alton Russell, Aurora Balino, Anna Wilson, Helen Wilkerson, Catherine Cannon, Rosalie Stock, Lorenzo Fuller, Jim Thomas, Joan Borden, Scott Henry, Martin "Woody" Wood, Susie Diaz, Gerald Lavandosky, Joan Coleman, DJ Bradley

Names will remain on the Prayer List for one month, after which they will be entered into the Parish Book of Intercessions, the intentions of which are prayed for each weekend during all the Masses.

6th
SUNDAY IN ORDINARY TIME
 A leper came to Jesus and kneeling down begged him and said, "If you wish, you can make me clean." Moved with pity, he stretched out his hand, touched him, and said to him, "I do will it. Be made clean."
 - Mk 1:40-41

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

Sunday Reflection from Father Anthony

It is such a joy to once again be able to share this reflection with you. This Sunday, we reflect on Jesus' power of healing when a man suffering from leprosy approached him and begged to be healed. "If you are willing, you can cleanse me". In his pleading, he left it upon Jesus and indeed Jesus did not disappoint him. Even when this man was suffering from leprosy, Jesus stretched out his hand and touched him. He expressed his willingness for the man to be well again and immediately the man became well. From this miracle we learn that Jesus is always willing to make our situations better. The man had suffered enough from the humiliation caused by leprosy, but Jesus restored his dignity. The physical healing even made his joy so complete that he could hardly contain the ecstasy of being healed that he went around telling everyone what had happened to him. We notice that Jesus is touching many lives for the better and more people look for him. May we also never give up on asking him to heal us and restore us to complete joy. Amen. Have a blessed Sunday!

Financial Box Score

FISCAL YEAR JULY-JUNE	JAN. 28	OFFERTORY YEAR TO DATE	NEEDED YEAR TO DATE	EX- CESS/ SHORT
Offertory	\$14,355	\$489,785	\$494,000	(-4,215)

Family Count: 1227
Families Using Envelopes: 352
Families Using Online Donation: 71

THE WOMEN'S BOOK CLUB cordially invites any and all women to join us for lively discussions about books with relevant Christian topics. The next meeting will be held at St. Mark on March 13, 2018 from 6:30-8pm. Contact Genevieve Eirich at geirich1@verion.net with any questions. You can get more information on our web site at www.stmark-parish.org

MEN: ARE YOU READY TO ACCEPT THE CHALLENGE? Our communities need strong Catholic men to answer the call to lead with faith, protection of families, service to others and to defend our values. As a member, you join a worldwide community of nearly two million men, including tens of thousands here in Virginia, who stand together. Visit kofc.org/joinus to learn more about the many benefits of membership in the Knights of Columbus. If you have any questions on joining through the Supreme web site please contact Grand Knight Stan Schnell at swschnell@cox.net.



Dear Sr. Manners

I am amazed at the large number of parishioners who leave Mass after communion instead of waiting until Father exits the Sanctuary after the closing hymn. I understand that there may be an emergency or special circumstance, but I have noticed the same parishioners leaving after communion on a regular basis.

Gentle Christian,

In this eat-and-run society, Sr. Manners supposes it to be inevitable that people would begin applying the same behavior to the Eucharistic banquet. Sadly, the practice of family meals with gracious conversation is being replaced by "fast food." Sadly, our liturgical habits tend to mirror our daily practices. Well-mannered people, however, are still expected to remain at the table until the conversation has concluded. Likewise, well-mannered Christians remain for the entire closing hymn. There may be a special circumstance, such as a family helping with donuts and coffee after Mass, so they discretely needs to leave after they receive communion to set up in the social hall, but sadly that is usually not the case. Another phenomenon of today's fast pace is the "drive-through," where one does not even need to leave one's car to eat. Catholics have developed a version of this as well — those folks who grab the Eucharist and exit the church all in one motion. This practice is disrespectful both to the Eucharist and to the community, and should be avoided at all costs.

This Week at St. Mark

February 12-18

MON	10:00am 7:00pm	Food Pantry RCIA
TUE	8:30am 9:30am 6:00pm 7:30pm	DAILY MASS Bible Study Shrove Tuesday Pancake Supper Bible Study
WED	6:30am 10:00am 12:00pm 6:30pm 7:00pm	ASH WEDNESDAY MASS Food Pantry ASH WEDNESDAY MASS Rosary ASH WEDNESDAY MASS
THUR	8:30am 7:00pm 7:30pm	DAILY MASS Adult Formation Finance Council
FRI	9:30am 10:00am 6:00pm 7:00pm	Mom's Group Food Pantry Lent Supper Stations of the Cross
SAT	8-12pm 4:00pm 5:30pm	Building and Grounds Reconciliation WEEKEND MASS
SUN	<i>Feed Our Neighbor- Away</i> 8:30am 9:30am 10:30am 12:30pm 6:00pm	WEEKEND MASS Religious Formation 1 WEEKEND MASS Religious Formation 2 Teen Formation 1



SHROVE PANCAKE SUPPER Knights of Columbus Kempsville Council 10515 is hosting the parish Shrove Tuesday Pancake Dinner on February 13th in the Great Hall. The dinner immediately follows a short ceremony for the burning of last year's palms starting at 6pm. Tickets will be available in the Great Hall after all masses on February 3-4 & 10-11. Tickets are free and required for planning. Get your dinner tickets from one of the Knights in the Great Hall. Donations accepted at the door.

ASH WEDNESDAY Mass with distribution of ashes at 6:30am, 12pm and 7pm.

LENTEN SUPPERS begin on Friday, February 16th at 6 p.m. Our first supper is tuna subs and chips, provided by St. Mark. There is no cost, but please sign up in the Commons so we can plan accordingly.

St. Mark Justice & Peace



This week the Food Pantry is in need of **CHICKEN NOODLE SOUP**.

THE ST. MARK FOOD PANTRY NEEDS YOUR HELP! The St. Mark Food Pantry is in need of someone to pick up groceries just once a month on Sunday morning. If you can spare just one hour, once a month, please contact Lorie Stephan at 757-343-7784.

"Is it possible to walk the path of peace? Can we get out of this spiral of sorrow and death? Can we learn once again to walk and live in the ways of peace? Yes, it is possible for everyone! How I wish that all men and women of good will would look to the cross if for only a moment! There we can see God's reply: violence is not answered with violence; death is not answered with the language of death. In the silence of the cross, the uproar of weapons ceases and the language of reconciliation, forgiveness, dialogue, and peace is spoken." –Pope Francis

DID YOU KNOW? Over 795 million people in the world do not have enough food... Most of the people in the world who go hungry live in developing nations... 12.9% of the population in these developing nations are undernourished... 40 years ago, Catholics in the United States wanted to respond to famine in Africa and asked, "Can we feed the hungry through Lenten prayers, fasting and almsgiving? The answer is yes. 40 years later, Catholic Relief Services (CRS) Rice Bowl is still helping our brothers and sisters in need each Lent.

HOW CAN YOU HELP DURING LENT? During the season of Lent, we are called to prayer, fasting, and almsgiving. Catholic Relief Services' Rice Bowl can help you bring these spiritual practices to life, while responding to the needs of those who are hungry in our own community and around the world. CRS Rice Bowl is Catholic Relief Services' Lenten "faith-in-action" program for families and faith communities. CRS offers resources for use in parish and school communities with complementary materials for families to foster their faith life in the home. By responding to the simple, yet powerful Lenten practices of prayer, fasting, and almsgiving through the CRS Rice Bowl program, the faithful in our diocese are making a positive difference in the lives of our brothers and sisters who are most in need. Please pick up your rice bowl and return it after Lent. This truly is a faithful response to Jesus' teaching that "whatever you did for one of these least brothers of mine, you did for me." Consider using the Lenten practices suggested by CRS Rice Bowl and stand with our brothers and sisters around the world who go without food. To learn more, visit www.crsricebowl.org.

OUR NEXT JUSTICE & PEACE MEETING will be Monday, February 19th at 7pm. Please join us and bring a friend as we work together to live out our Justice & Peace Mission Statement: *"As a faith-community within the Catholic Church of St. Mark, the Justice and Peace committee, using our gifts and talents, desire to image Jesus Christ by fostering the values of Jesus Christ and to promote the Social Teachings of the Catholic Church."*

SAVE THE DATE You are invited to join the members of our Justice & Peace committee on Monday, March 19th at 7pm as we come together to pray the Stations of the Cross through the eyes of Social Justice. Please join us.

CAST Many thanks to all of our volunteers who have already signed up to help CAST this year. We are so grateful for the generous response we've received so far. We are now 10 days away from welcoming all our guests into our community and we still have a few openings that we hope to fill. We are in need of male bus riders (both morning & evening), male & female overnight support for our 4 hour shifts, and volunteers to assist with breakfast preparation and serving. We will have our CAST coordinators in the Commons area after all masses this weekend if you have any questions regarding our remaining needs. We can also help sign you up if you'd like! Lastly, for those of you who are supporting our efforts with food donations, we ask that you please mark your items as "CAST" to avoid confusion with food pantry donations. Please place non-perishable items on "CAST" designated table in the Great Hall.

FEED OUR NEIGHBOR St. Mark will be serving dinner at the Judeo-Christian Outreach Center on Sunday, February 18th. As always, we need your help with food donations. Please pick up tags from the "Feed Our Neighbor" bulletin board in the Commons on February 10th & 11th. Return the food items with the tags to the kitchen when you come to Mass on February 17th or 18th. The dinner will be prepared and served by the Knights of Columbus. Please contact DJ Bradley (757-390-7064) or Bobbi Drewiske (757- 749-0107) if you have questions.



Lenten Supper Schedule

*All Suppers will start at 6:00 p.m. in the Great Hall.
(Stations will follow at 7:00 p.m. in the Sanctuary.)*

There is no cost. But please sign up in advance. All are welcome!

February 16 - Tuna subs & chips, provided by St. Mark

March 2 - Soup Pot Luck - Bring soup to share

*March 9 - Pasta, Salad & Bread Pot Luck - Bring a dish
to share*

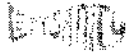
*March 16 - Mac & Cheese Pot Luck, Bring your favorite
dish to share*

March 23 - Pizza provided by St. Mark

Be mindful that these are meatless suppers; however chicken broth is permitted to make meatless soup. The suppers are flavorful sustenance but not feasts. Dessert is discouraged, and our beverage is water.

40 DAYS OF AWESOME

There's an App for That: Lenten Edition



Lentsanity

This app was developed by FOCUS (Fellowship of Catholic University Students). It makes Lent approachable, but offers different challenges, prayers, sacrifices, a meat police feature, and a review of the best fish sandwiches at popular fast food restaurants. Be aware the app only works right before and during lent. Free for iPhone and android.



3D Catholic

This app was developed by the University of Notre Dame's Institute of Church Life to promote the 3 devotions of Lent - prayer, fasting, and alms giving (works of mercy). It offers suggestions for each of the devotions, as well as connecting you to other local Catholics. Use it year round to develop daily habits of prayer, fasting, and charity! Free for iPhone and android.



Pray as You Go

This app was developed by Jesuit Media Initiatives. It invites you to spend 11 minutes each day in prayer. The audio format guides you through meditation, scripture, music, and reflection. It is free for iPhone and android.



Passion of Jesus

This app allows the user to develop a daily devotion to Jesus by engaging you in the last 24 hours of His life. Each day it sends a passion image with reflection, response, and prayer intentions. It allows the power of the cross to pour into our lives. It also offers the Way of the Cross through Mary's eye. It is \$1.39 for iPhone and android.



Magnificat Lenten Companion 2018

This app is a day to day devotion which offers daily readings, penance help, devotionals, and much much more. Because it offers so much, this app can be used as your Mass Missal, and is available in an e-reader version for \$2.50-\$3.00. It is available on iPhone and android for \$1.99.



CRS Rice Bowl

This app is sponsored by Catholic Relief Services(CRS), Rice Bowl. It offers the user a daily meditation and suggested lenten sacrifices. It puts a twist on alms giving by adding a price to some of the sacrifices we make. The user may then pledge or donate that amount through the app. It also offers testimonies from those who have been served by CRS Rice Bowl. It is free for iPhone and android.