

THE CATHOLIC CHURCH OF

Saint Mark

Mission Statement

Rooted in the Word...Nourished by the Sacraments... Guided by the Holy Spirit...We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents... to build the Kingdom of God by imaging Jesus Christ.

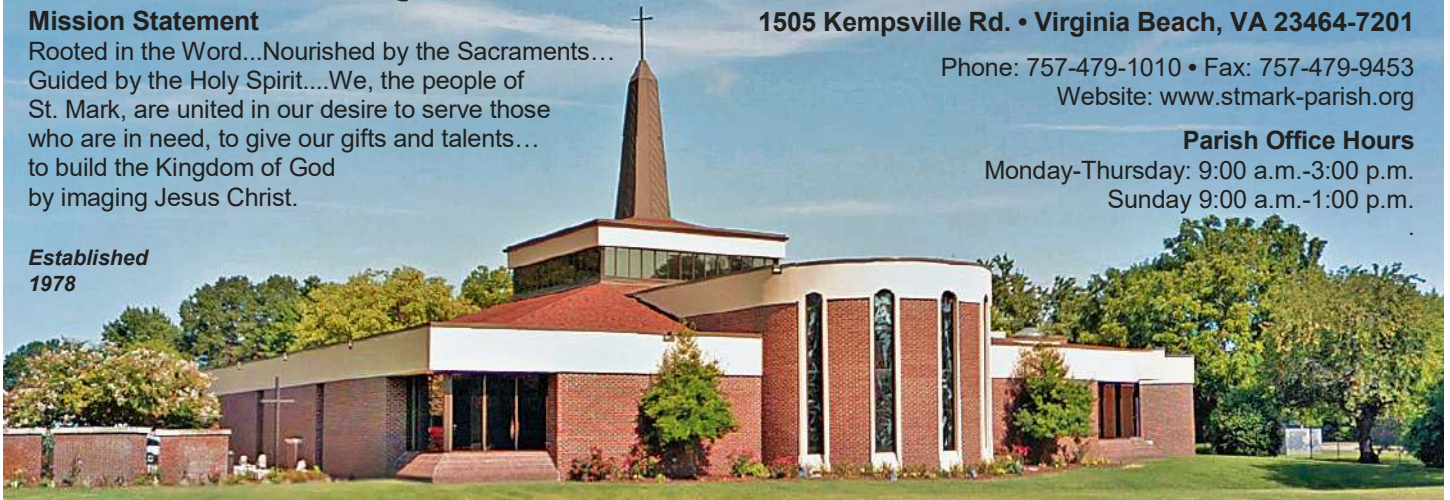
Established 1978

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201

Phone: 757-479-1010 • Fax: 757-479-9453 Website: www.stmark-parish.org

Parish Office Hours

Monday-Thursday: 9:00 a.m.-3:00 p.m. Sunday 9:00 a.m.-1:00 p.m.



LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday: 8:30 & 10:30 a.m. Tuesday: 8:30 a.m. • Wednesday: 7:00 p.m.

Check inside bulletin for possible changes.

Nursery available for 8:30 a.m. & 10:30 a.m. Masses.

PARISH STAFF

- Rev. Anthony Mpungu.....Pastor franthony@stmark-parish.org
Michael Johnson & John Kren.....Deacons
Mike JohnsonPastoral Associate deacon_mike@stmark-parish.org
Mary Ellen Cussen Parish Bookkeeper bookkeeper@stmark-parish.org
MJ Sargent Parish Secretary secretary@stmark-parish.org
Michael K. WilliamsDirector of Music musicdirector.stmark@gmail.com
Laura Ishmael..... Pianist
Marlene GamesNursery Supervisor
Brian Gridley..... Maintenance/IT Coordinator
George Dillon III.....Parish Council Chairman
William McMican.....Finance Council Chairman

RELIGIOUS FORMATION STAFF

- Sharon Katzman.....Director of R.F.
Rachel Rudman.....Coordinator of R.F.
Fe Guzman.....Youth Minister

RELIGIOUS FORMATION OFFICE HOURS

Monday-Wednesday 9:00 a.m.-1:00 p.m. Sunday 9:30a.m.-2:00 p.m.

Phone: 757-479-9897 • Fax: 757-479-9453 Email: sharon@stmark-parish.org

BAPTISM: Celebrated the 1st weekend of the month except during Lent. Contact Religious Formation Office for Baptism classes prior to the Sacrament.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

MINISTRY TO THE SICK & HOMEBOUND: If you know someone who cannot attend Mass or desires a visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring a Columbarium niche, call the Parish Office.

40th Anniversary Directory Photos

There are several of the "Free Photos" from the Parish Directory sessions in the office. Please stop by check if we have yours!



April 29th – Anniversary Mass

May 19th – Mass & Celebration

September 8th – Anniversary Parish Picnic



5th SUNDAY IN ORDINARY TIME

He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come." - Mk 1:38

Sunday Reflection

from Deacon Michael Johnson

In our Ordinary Time and life, how do we look at life? Is it with the eyes of a Job or that of a Paul or even Jesus? Does sharing the Good News comprise at least a portion of our lives. Not necessarily as one who quotes scripture to folks, or stands on the street corner professing the end is near – so we need to repent, or as other television evangelists. But, as St Francis describes – preach the Gospel always, at times we need to use words. In other words, we spread the Good News by our actions, as we see so often in the example of Pope Francis. In the Book of Job, Job paints a very dim view of life here on earth, in terms of the misery we experience during this life. I am sure there are many moments in our life when we all feel helpless and wonder why is this happening to me. There are many moments in our life when things are beyond human control and we need to call on God to answer our prayers of lamentation. In the actions of Jesus, we see this sense of helplessness answered and relieved. Jesus treats those in misery, that Job describes. They find comfort in his healing touch. Do we find comfort in the Gospel and in our prayers? What is the intensity of this relationship? Is it as important as Paul's or lukewarm or does it exist at all? If faith is real, it seeks expression. It can't just exist during our time in church, it must be lived and experienced outside the walls - in our community and life experiences. Jesus keeps his relationship grounded in prayer to the Father. Yet, he realizes his active role and purpose, he doesn't hide from those who need him. He is always there for them. He touched them (physically and spiritually) and they were made whole. Our Christian discipleship call to these ordinary times... to respond with lives of compassion and service.



It is with sadness we share the passing of Kathleen Cussen, mother of John Cussen and mother-in-law of our Parish bookkeeper Mary Ellen Cussen.

May perpetual light shine upon Kathleen and may she rest in peace. Amen!

Mass INTENTIONS and Daily Readings

MON	2/05		1 KGS 8:1-7,9-13; MK 6:53-56
TUES	2/06	8:30am	1 KGS 8:22-23;27-30; MK 7:1-13 LOIVA SIOCHI + ROGER ROMERO +
WED	2/07	7:00pm	1 KGS 10:1-10; MK 7:14-23 JAMES MARTINO + KAREN HGUHES (INT.)
THU	2/08	8:30am	1 KGS 11:4-13; MK 7:24-30 VJEKO FRANCESCHI + ALBERT ANTONIO JIMENEZ +
FRI	2/09		1 KGS 11:29-32;12:19; MK 7:31-37
SAT	2/10	5:30pm	LYNDA WILLIAMS + JASPER & AJ DARWIN + 1 KGS 12:26-32;13:33-34; MK 8:1-10
SUN	2/11	8:30am	LYNDA WILLIAMS + JOHN SKIPTUNAS +
		10:30am	JANCE & DAVID WALTZ + HAROLD & CECILIA MOOREHEAD + LV 13:1-2,44-46 PS 32:1-2,5,11 1 COR 10:31-11:1 MK 1:40-45



REMEMBER in your prayers

Shawn Perine, Brian Sunderland, Patty & Alton Russell, Aurora Balino, Anna Wilson, Helen Wilkerson, Catherine Cannon, Thomas Trail, Rosalie Stock, Lorenzo Fuller, Jim Thomas, Joan Borden, Scott Henry, Martin "Woody" Wood, Susie Diaz, Gerald Lavandosky,

Names will remain on the Prayer List for one month, after which they will be entered into the Parish Book of Intercessions, the intentions of which are prayed for each weekend during all the Masses.

REGISTER NOW

**THURSDAY
FEBRUARY 15, 2018, 5-6 PM**

VIRGINIA VESPERS

EVENING PRAYER for the COMMONWEALTH

with **BISHOP MICHAEL F. BURBIDGE**
CATHOLIC DIOCESE OF ARLINGTON
and **BISHOP BARRY C. KNESTOUT**
CATHOLIC DIOCESE OF RICHMOND

The Cathedral of the Sacred Heart
800 S. Cathedral Place
Richmond, Virginia 23220

Wine and
appetizers reception
follows

As we advocate for the common good during the 2018 Virginia General Assembly session, please join Catholic leaders, public officials, parishioners, and people of all faiths as we come together for prayer for and with our legislators and the people of Virginia. Held in Richmond's historic cathedral, this evening prayer draws on ancient Christian liturgy and includes Scripture, music and song.

To register, go to vacatholic.org

This Week at St. Mark *February 5-11*

MON	10:00am 7:00pm	Food Pantry RCIA Team Meeting/Candidate & Sponsor Enrichment
TUE	8:30am 9:30am 7:00pm 7:30pm	DAILY MASS Bible Study Liturgy Committee Meeting Bible Study
WED	10:00am 1:30pm 6:30pm 7:00pm 7:30pm	Food Pantry Staff Meeting Rosary DAILY MASS St. Mark Chorale Rehearsal
THUR	8:30am	DAILY MASS
FRI	9:30am 10:00am	Mom's Group Food Pantry
SAT	Diocesan Youth Conference— Away 5:30pm 6:30pm	WEEKEND MASS K of C Monte Carlo Night
SUN	Diocesan Youth Conference— Away 8:30am 9:30am 10:30am 12:30pm	WEEKEND MASS Religious Formation 1 WEEKEND MASS Religious Formation 1

St. Mark's Guitar Ensemble A New Addition To The Music Ministry



Contact: Michael Kerry Williams
Music Director, 757-214-4649
musicdirector.stmark@gmail.com

Meeting every other Tuesday at 7 pm, just twice a month. No obligation to play for Masses or Special Events, just come, pray and enjoy making music together!

The St. Mark Guitar Ensemble is a group of guitar enthusiasts willing to learn and grow together in Christ through the art of music. Come join us every other Tuesday at 7 pm in the Choir Room to share guitar technique, knowledge, songs and prayer. We will prepare ourselves to answer the call when needed to support Liturgies, special church events, and community gatherings. Anyone is welcome, just bring your guitar and have fun. We will work on playing together and with the music ministry. Learn more about the Mass, music, chords, and strumming or just come to meet new people. We'd love to have you in this informal setting! Contact Music Director Michael K. Williams for more information!

MASS WITH DISTRIBUTION OF ASHES

February 14th, 2018

6:30am • 12pm • 7pm

COLLECTING PALMS Baskets are in the commons for the collection of last year's palms from Palm Sunday to be burned at our Shrove Tuesday Prayer Service, February 13th, at 6pm. We will use the burned palms for the Distribution of Ashes the next day on Ash Wednesday.

ASH WEDNESDAY MINISTERS NEEDED! Eucharistic Ministers, Lectors, Ushers and Altar Servers, along with those that would distribute Ashes, are needed for the 3 Masses we will celebrate on Ash Wednesday, February 14th, at 6:30am, 12pm and 7pm.

SHROVE PANCAKE SUPPER Knights of Columbus Kempsville Council 10515 is hosting the parish Shrove Tuesday Pancake Dinner on February 13th in the Great Hall. The dinner immediately follows a short ceremony for the burning of last year's palms starting at 6pm. Tickets will be available in the Great Hall after all masses on February 3-4 & 10-11. Tickets are free and required for planning. Get your dinner tickets from one of the Knights in the Great Hall. Donations accepted at the door.

St. Mark Parish News



Parking Lot Courtesy: Dropping off & Picking up



We ask our parishioners to please be mindful as you use the front circle at the main entrance for dropping off and picking up.

There are many parishioners with limited mobility and walking aids who rely on the front circle to quickly and safely enter and exit their vehicle.

Following these rules will help insure that all parishioners are able to enter and exit the church safely and in a timely manner:

1. The front circle is for *immediate* loading and unloading only
2. Make sure to pull forward as much as possible to allow other cars to pull up as well
3. Follow the correct flow of traffic to enter and exit the circle

As always, if you ever require assistance, please do not hesitate to ask our Parish Staff and Ushers!

Justice & Peace

"Then the king will say to those at his right hand, 'Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me something to drink.'"

-Matthew 25:34-35

For the month of February our Justice and Peace Committee will focus on the issue of Food Security which Corresponds with the Catholic Social Teaching of the Option for the Poor and Vulnerable. Our next Justice & Peace **meeting is Monday, February 19th at 7pm.** Please join us as we come together to pray and work to help our brothers and sisters in need.

During the season of Lent, we are called to prayer, fasting, and almsgiving. Catholic Relief Services' Rice Bowl can help you bring these spiritual practices to life, while responding to the needs of those who are hungry in our own community and around the world. CRS Rice Bowl is Catholic Relief Services' Lenten "faith-in-action" program for families and faith communities. CRS offers resources for use in parish and school communities with complementary materials for families to foster their faith life in the home. By responding to the simple, yet powerful Lenten practices of prayer, fasting, and almsgiving through the CRS Rice Bowl program, the faithful in our diocese are making a positive difference in the lives of our brothers and sisters who are most in need. Please pick up your rice bowl and return it after Lent. This truly is a faithful response to Jesus' teaching that "whatever you did for one of these least brothers of mine, you did for me." Consider using the Lenten practices suggested by CRS Rice Bowl and stand with our brothers and sisters around the world who go without food. To learn more, visit www.crsricebowl.org.

SAVE THE DATE You are invited to join the members of our Justice & Peace committee on Monday, March 19th @ 7pm as we come together to pray the Stations of the Cross through the eyes of Social Justice. Please join us.

FEED OUR NEIGHBOR St. Mark will be serving dinner at the Judeo-Christian Outreach Center on Sunday, February 18th. As always, we need your help with food donations. Please pick

THE WOMEN'S BOOK CLUB cordially invites any and all women to join us for lively discussions about books with relevant Christian topics. We meet every other month for a time to pray, socialize, and nourish our souls and minds. Conversations and insights from our designated authors are geared toward making us stronger Catholic women in a modern society. We would love to have you part of the group. The next meeting will be held at St. Mark on March 13, 2018 from 6:30 PM-8:00 PM. Please contact Genevieve Eirich at geirich1@verion.net with any questions. You can get more information on our web site at www.stmark-parish.org

WISDOM SEEKERS aka Seniors, will meet Friday, February 9th at 12:30 pm in the Great Hall with our usual potluck luncheon comfort food followed by our guest speaker, Father Charles Breindel. We also celebrate the birthday month of our group at this meeting. Our events are open to all so please feel free to join us. If you have any questions, please call Sandy Barczak at 757-963-8598.

MEN: ARE YOU READY TO ACCEPT THE CHALLENGE? Our communities need strong Catholic men to answer the call to lead with faith, protection of families, service to others and to defend our values. For over one hundred years, Knights of Columbus have done exactly that, standing up for the Church, serving the least among us, and strengthening our parishes and families. Eligible Catholic men can now join the Knights of Columbus online in a simple, streamlined process. As a member, you join a worldwide community of nearly two million men, including tens of thousands here in Virginia, who stand together. Men have a duty to lead, protect, serve and defend. The world needs more committed, unified Catholic men to answer the call. Will you answer? Visit kofc.org/joinus to learn more about the many benefits of membership in the Knights of Columbus. If you have any questions on joining through the Supreme web site please contact Grand Knight Stan Schnell at swschnell@cox.net.

SAVE THE DATE: ANNUAL K OF C MONTE CARLO NIGHT FUNDRAISER The Knights of Columbus Monte Carlo Night is Saturday, February 10th. Come out and enjoy an evening of great food, fun games, and a silent auction. Doors open at 6:45 pm. Tickets are \$20 for a single ticket; and \$17.50 each for two or more tickets. This event is the Kempsville council's biggest fund raiser, with proceeds directly supporting all our charitable activities. Additionally, the council is donating \$5/ticket to the St. Mark Youth Program's 2018 Summer Work Camp Ministry. The Knights will be selling tickets in the Great Hall after all weekend masses starting January 13th through February 4th. Questions can be emailed to Dan Wood at dan9663@gmail.com or call 757-647-2135.

SUBSTANCE ABUSE AWARENESS POSTER CONTEST The Knights of Columbus, Council 10515 would like to invite boys and girls from age 8 through 14 to participate in "Substance Abuse Awareness" Poster Contest. We look to encourage their creativity and imaginations in developing a deeper awareness of Substance Abuse in our society. Poster can be dropped off at the St Mark's RE Office before the 16th of February 2018. Winners in each age group (ages 8-11, 12-14) will receive an award of \$50 from Council 10515 and have their posters forwarded to District and State Competitions. For any questions about the contest please contact Lyndon Remias at Lremias@yahoo.com, via cell at 757.630.6102 or visit the council website at <https://www.kofcknights.org/CouncilSite/?CNO=10515>.

YOUNG MAN & WOMEN OF THE YEAR Every year the Knights of Columbus recognize a Young Man and a Young Woman of the Year for their outstanding achievements. If you are between the ages of 12 and 18 as of April 1, 2018 you are eligible to complete an application. The application will ask you to provide information about achievements in academics, school, community church and family. Application forms are available in an envelope attached to the Knight's Bulletin Board in the Great Hall at St Marks Catholic Church, at the Knights of Columbus website: <https://www.kofcknights.org/CouncilSite/?CNO=10515>, or by email request to Lyndon Remias at Lremias@yahoo.com or by cell at 757-630-6102. The council winners (one young man and one young woman) will receive \$500.00 and a certificate of recognition from the council. Entry deadline is February 16, 2018.

K OF C LENTEN FISH FRY The Knights of Columbus Assembly #1505 will hold a Lenten Fish Dinner every Friday during Lent, from Feb 16th until Mar 23rd. Doors open at 5:00 p.m. and dinner will be served until 7:00 p.m. at the Columbian Club located at 1236 Prosperity Rd, Virginia Beach, VA 23451. Dinner will include: Fried Fish Fillet, French Fries, Homemade Coleslaw, and Hushpuppies; or Baked Fillet of Fish, Rice Pilaf, Homemade Coleslaw, and Hushpuppies; or Chicken Nuggets and Fries for the children if desired. Cost is a donation of \$9.00 for those 13 and over, \$5.00 for youth 7-12, and free for those ages 6 and under. This is our annual fundraiser to support the U.S.Military Archdiocese, the USO, Project Heroes, the local Veteran Cemeteries, and several other Patriotic events and charities. Coffee, Iced Tea, and Hot Tea provided. Beer and soda, as well as some delicious desserts are avail for a minimal extra donation. Carryout is also available for those that cannot eat-in. Please call Manny Ramos at (757) 635-3188 or email him (pref.) at mramos6@cox.net if you have any questions.



Lenten Supper Schedule

*All Suppers will start at 6:00 p.m. in the Great Hall.
(Stations will follow at 7:00 p.m. in the Sanctuary.)*

There is no cost. But please sign up in advance. All are welcome!

February 16 - Tuna subs & chips, provided by St. Mark

March 2 - Soup Pot Luck - Bring soup to share

*March 9 - Pasta, Salad & Bread Pot Luck - Bring a dish
to share*

*March 16 - Mac & Cheese Pot Luck, Bring your favorite
dish to share*

March 23 - Pizza provided by St. Mark

Be mindful that these are meatless suppers; however chicken broth is permitted to make meatless soup. The suppers are flavorful sustenance but not feasts. Dessert is discouraged, and our beverage is water.