

THE CATHOLIC CHURCH OF

Saint Mark

Mission Statement

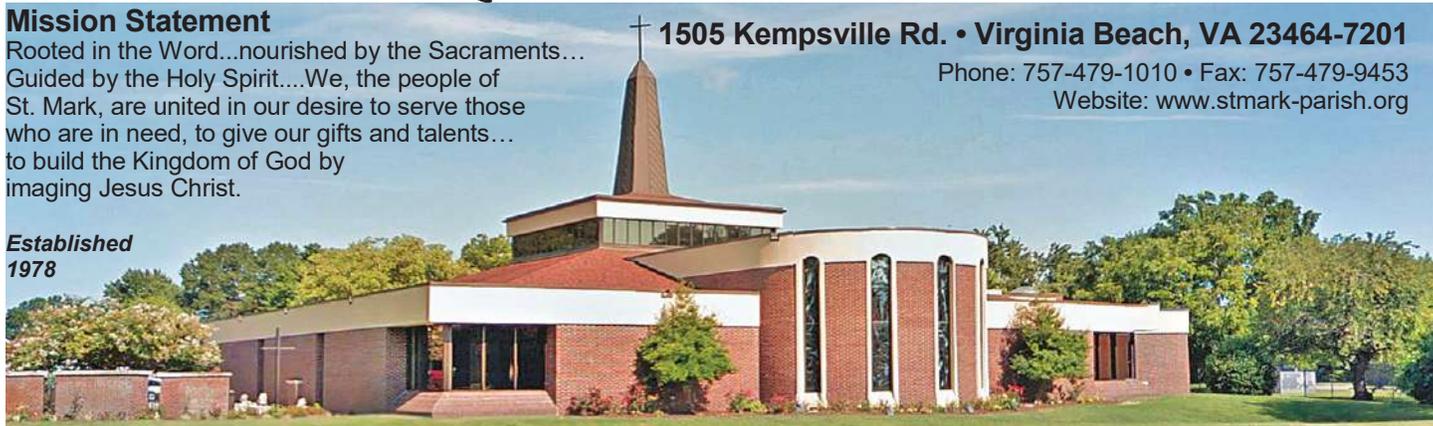
Rooted in the Word...nourished by the Sacraments... Guided by the Holy Spirit....We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents... to build the Kingdom of God by imaging Jesus Christ.

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201

Phone: 757-479-1010 • Fax: 757-479-9453

Website: www.stmark-parish.org

Established 1978



LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday at 8:30 & 10:30 a.m. Tuesday and Thursday at 8:30 a.m. Wednesday at 7:00 p.m.

Parish Office Summer Hours

Monday-Thursday: 9:00a.m.– 1:00p.m. Sunday 9:00a.m.-1:00p.m.



PARISH STAFF

- Rev. Anthony Mpungu.....Pastor
franthony@stmark-parish.org
Revs. Mr. Mike Johnson & John Kren.....Deacons
Rev. Mr. Mike Johnson.....Pastoral Associate
deacon\_mike@stmark-parish.org
Mary Ellen Cussen.....Parish Bookkeeper
bookkeeper@stmark-parish.org
Michelle Mocco.....Parish Secretary
secretary@stmark-parish.org
Mark Smeland.....Music Coordinator
msmeland@gmail.com
Vikki Ignacio .....Liturgical Musician
Brian Gridley.....Maintenance/IT Coordinator
Faith Daxton.....Housekeeping
Renee McCroskey.....Nursery Supervisor
Hank Harzold.....Parish Council Chairman
William McMican.....Finance Council Chairman

RELIGIOUS FORMATION STAFF

- Sharon Katzman.....Director of R.F.
Fe Guzman.....Youth Minister

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m.–1:00p.m. (summer hours)
Sunday 9:00a.m.-2:00p.m.
Phone: 757-479-9897 • Fax: 757-479-9453
Email: sharon@stmark-parish.org

BAPTISM: Celebrated the 1st weekend of the month except during Lent. Contact Religious Formation Office for Baptism classes prior to the Sacrament.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

MINISTRY TO THE SICK & HOMEBOUND: If you know someone who cannot attend Mass or desires a visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring a Columbarium niche, call the Parish Office.

## FATHER ANTHONY'S REFLECTION

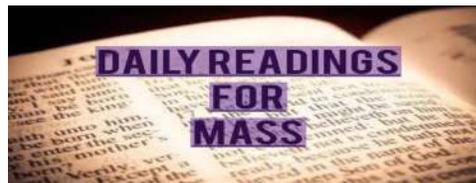
It is the 18<sup>th</sup> Sunday in the Ordinary Time Year C! The liturgical seasons give us specific ways on how we need to live our faith. This Ordinary Time is when we focus more on the fruits that come from the new life and the teachings of Jesus. From the Gospel reading this Sunday, Jesus is in the midst of the crowd and all of sudden someone raises a question about a dispute with his brother regarding his inheritance. Something that was private and a family matter has now come out in the public. And to Jesus' wisdom, he avoids being put into the mix of the dispute. "Friend who appointed me as your judge and arbitrator?" Jesus continues to give a warning to the crowd and guard themselves against all greed. Jesus teaches us about how we need to look at riches. Not as an end and priority over other things but rather to use them for the good of others and for the glory of God the provider. Humanly speaking, it is very easy to be caught up into the craving and desire of always wanting more and more of the material things. We get up every day to go to work, looking for a bigger job position and a better paycheck! We need to stop and think about what more is important in life. And we must always remember that material things pass away and we would rather look at how we can make a difference in other people's lives. We must make God a priority and have no excuse of praying and keeping the Lord's day holy because we are working. No doubt we need to work hard to make ends meet, but also remember that true peace and comfort comes from God the provider of everything. Amen!



John Chomas, Kerry Allen, Rose Marie Branier, Ryan Steele, Jan Johnston, Paul Caddies, Molly Kibble, Abelino Santiguel, Janet Wright, Pat Byrne, Brittany Cochran Yokley, Dawn Boroden, McBride Family, Patricia MacCartney, LaDonya Bradley, Trish Simpson, David McElheney, Evelyn Harzold, Billie Dudley, Antonio & Gloria Fernando, Rose Sunderland, Rose Fisher, Kenneth Delorenzo, Perry Francisco

Please pray for the repose of the soul of Fr John Abe, former Parochial Victor at Catholic Church of St. Mark and Pastor at St. Matthew's Catholic Church. Eternal rest, grant to him, O Lord, and let perpetual light shine upon him. May his soul, and all souls of the faithful departed, through the mercy of God, rest in peace.

Please pray for the Abe family.



With Offerings and Intentions

<b>MONDAY</b> 8/1	<b>SAINT ALPHONSUS LIGUORI, BISHOP, DOCTOR OF THE CHURCH</b> Jer 28:1-17; Mt 14:13-21
<b>TUESDAY</b> 8/2	<b>SAINT EUSEBIUS OF VERCELLI, BISHOP; SAINT EYMARD, PRIEST</b> Jer 30:1-2, 12-15, 18-22; Mt 14:22-36 Anna Ruth Hoskins (†)
<b>WEDNESDAY</b> 8/3	Jer 31:1-7; Mt 15:21-28
<b>THURSDAY</b> 8/4	<b>SAINT JOHN VIANNEY, PRIEST</b> Jer 31:31-34; Mt 16:13-23 Belen Lobo (†)
<b>FRIDAY</b> 8/5	<b>THE DEDICATION OF THE BASILICA OF SAINT MARY MAJOR</b> Na 2:1,3;3:1-3, 6-7; Mt 16:24-28
<b>SATURDAY</b> 8/6	<b>THE TRANSFIGURATION OF THE LORD</b> Dn 7:9-10,13-14; 2 Pt 1:16-19; Lk 9:28b-36 Lenny F. Torres (†)
<b>SUNDAY</b> 8/7	<b>NINETEENTH SUNDAY IN ORDINARY TIME</b> Wis 18:6-9; Heb 11:1-2, 8-19; Lk 12:32-48 Rodolfo Fenequito (†) Irene Larrazabal (†)

(†) Offerings for the Deceased  
(!) Intentions of the Living

## OUR CATHOLIC FAMILY

Today we have a parable where the main character is, on the surface, acting wisely – he is working hard, he is saving for the future and only thinking of himself. This man believes that he has done all he needs to do to have a good life – that all he has to do now is “to eat, drink and be merry”. Yet, God calls him out. Even today, God is always calling us to think outside of ourselves – to think of the other.

Do you like sharing your toys, gadgets, clothes? Or are you storing them up to be used just by you alone? What would the world look like if no one shared with or cared for anyone else? Is this a world that Jesus would support? How can you show you care by sharing this week?

## JUSTICE AND PEACE

For more information on our ministries and current focus, visit the Justice & Peace page on the Saint Mark website at [www.stmark-parish.org/ministries/justice-and-peace](http://www.stmark-parish.org/ministries/justice-and-peace) or email us at [justiceandpeace@stmark-parish.org](mailto:justiceandpeace@stmark-parish.org).

### August Foods of the Month

15-18oz. Creamy Peanut Butter and Individual Fruit Cups



*"As a faith-community within the Catholic Church of St. Mark, the Justice and Peace committee, using our gifts and talents, desire to image Jesus Christ by fostering the values that He gave us and to promote the Social Teachings of the Catholic Church."*

Our ministry is always in need of committed volunteers to help. We meet on the 3rd Monday of the month at 6:30pm. For more information about this ministry, please contact [justiceandpeace@stmark-parish.org](mailto:justiceandpeace@stmark-parish.org).



**Save the Date:** Our Knights of Columbus and Justice & Peace Ministry are excited to announce that we are partnering with the American Red Cross on **Thursday, September 22<sup>nd</sup>** to host a blood drive here at St. Mark. We will be working together to give back to the community in a truly life

changing way since each donation we collect can save up to three lives. Please watch the bulletin for more information.



Last year we Spiritually Adopted over 250 unborn babies. We prayed for them, for their Moms and their Dads. Together we celebrated their births.

**NOW WHAT?** What are we doing to guide them, to care for them, help them and all of the babies, Moms,

and Dads who chose life? Watch for exciting news as our Justice & Peace ministry and Knights of Columbus embark together via "Aid and Support After Pregnancy" and "Walking With Moms in Need" ministries to walk and support families who Choose Life.

### July 30<sup>th</sup>/31<sup>st</sup> is WORLD DAY AGAINST TRAFFICKING IN PERSONS!



It is a holiday set aside for the sensitization of global citizens to the human trafficking pandemic. How you can observe it: **Read up on the history** of trafficking-You can and should do some reading up on the history of trafficking. Research how international organizations have managed it so far. **Raise your awareness and learn the signs** of Human Trafficking.

Visit <https://polarisproject.org/>, <https://www.iamonwatch.org/>, or <https://sistersagainsttrafficking.org/>. If you are able to **Donate** to organizations for trafficking victims-Donate clothes and other goods to shelters for victims of human trafficking such as: <https://www.belovedhaven.org/>. Any amount helps and it is for a worthwhile cause. **Pray!** For the victims, for the survivors, for those who work to end trafficking, and for the perpetrators that they may be remorseful and transform their ways.

## THIS WEEK AT SAINT MARK



**August 1st - 7th  
Parish Office Hours  
(Summer Hours)  
Mon-Thurs 9am - 1pm  
Sunday 9am - 1pm**

### MONDAY

7pm

RCIA Formation in Conf Rm & Great Hall

### TUESDAY

830am

10:30am

7pm

**WEEKDAY MASS** in the Daily Chapel  
Renato Tugbang Funeral Mass  
Liturgy Meeting in the Conference Room

### WEDNESDAY

10am-1pm

630pm

7pm

### FR. ANTHONY'S BIRTHDAY

Food Pantry in Great Hall  
Rosary in the Daily Chapel  
**WEEKDAY MASS** in the Daily Chapel

### THURSDAY

6am

830am

930am-630pm

1pm

630pm

7pm

Men of St Joseph in the Great Hall  
**WEEKDAY MASS** in the Daily Chapel  
Adoration in the Daily Chapel  
Judith Hickey Funeral Mass  
Rosary in the Daily Chapel  
Benediction in the Daily Chapel

### FRIDAY

630pm

First Friday Rosary in the Daily Chapel

### SATURDAY

4pm

5pm

530pm

### TRANSFIGURATION OF THE LORD

Reconciliation in the Daily Chapel  
Rosary in the Sanctuary  
**WEEKEND MASS** in the Sanctuary

### SUNDAY

8am

8am

830am

10am

10am

1030am

Child Care in the Nursery  
Rosary in the Sanctuary  
**WEEKEND MASS** in the Sanctuary  
Child Care in the Nursery  
Rosary in the Sanctuary  
**WEEKEND MASS** in the Sanctuary  
with Facebook Live Stream



### SCHOOL SUPPLIES

We are extending the **deadline** for collecting school supplies to **August 15<sup>th</sup>**. Please place donations in the marked bin in the Great Hall next to the Justice & Peace

Table. Supplies will be distributed to children in need within our parish, our Food Pantry guests and at Parkland, Indian Lakes, and Tallwood Elementary, Brandon and Salem Middle Schools, and Green Run High School. Our Vacation Bible School (VBS) participants will also be participating and collecting school supplies.

**SCHOOL SUPPLY LIST:** Pens, Pencils, Spiral Notebooks, Composition Books, Rulers, Glue Sticks, Loose Leaf Paper, 3 Ring Binders (all sizes), Tabbed Dividers, Safety Scissors, Colored Pencils, Highlighters, Pocket Folders, Erasers, Crayons, Tissues, Back Packs. \*This list is not inclusive please feel free to include other items you may know that are needed. Lists also available on Justice & Peace table and website. If you are a parishioner or know of a parishioner who is in need of help with school supplies, please contact [justiceandpeace@stmark-parish.org](mailto:justiceandpeace@stmark-parish.org) or Joyce Gridley at (757) 675-6486.



**Collections for the week of  
July 17, 2022:  
\$ 13,158**

Fiscal Year July-June	Budgeted Year to Date	Offertory Year to Date	Excess/ Short
New Fiscal Year Offertory	\$54,000	\$47,329	(\$6,671)

Family Count: 875      Envelopes: 175      Online: 189

### Online Donations

If you currently do not give online, but would like to, please sign up at:  
<https://giving.parishsoft.com/app/giving/stmarkvb>.



If the “summer-ending-and-school-starting” ritual makes you anxious, then participate in Back to School Month this August — an event that helps parents, students, and teachers prepare for the new academic year.

Celebrated since the 1960s,

Back to School Month will motivate you to start your back-to-school shopping and get you excited overall. So put away the beach bag and pick up the backpack, because it's time for Back to School Month and we want you to get an “A” for participation.

### YOUTH, TEEN & YOUNG ADULT UPCOMING EVENTS

**Calling ALL rising 6-8 Graders!  
JOIN US!**

**MIDDLE SCHOOL DAY RETREAT  
Richmond, VA \* August 6, 2022**

A high-energy day focused on building community & friendships with other middle school youth, and encouraging zeal for our Catholic faith.



At the end of the day, middle school youth will walk away feeling excited about their community and their faith.

**Interested? Contact Fe Guzman for more information  
[fe@stmark-parish.org](mailto:fe@stmark-parish.org)**

**Calling youth and young adults (16-35)!  
JOIN US!**

**WORLD YOUTH DAY 2023  
Lisbon, Portugal \* August 1-6, 2023**

*With a diocesan sponsored pilgrimage to  
Lourdes, Fatima and Santiago de Compostela from July 24, 2023*



*Discount and payment plans available with registration before July 31, 2022!*  
**Interested? Contact Fe Guzman for more information  
[fe@stmark-parish.org](mailto:fe@stmark-parish.org)**

### FOOD FOR THOUGHT

#### Pro-life Articles

#### Americans Have A Lot To Answer For

We are all human beings made by God. He made us to know Him, to love Him, and to serve Him. He even gave us the Ten Commandments to follow so we could stay on the right track in order to reach Heaven and Him. But have we? No, we have not. The Fifth Commandment is “Thou Shall Not kill”. Yet almost every day there is a report in the newspapers or on TV news of someone being killed or of a mass murder that took place in one of our cities. Even worse than that is the murder of innocent, unborn babies in the womb of their mothers. The U.S. Supreme Court made abortion legal. The judges wanted us to believe they knew right from wrong. Well, they did not. Abortion is the most heinous crime. Over 62 million babies have been killed in America since 1973 by abortion. How can anyone kill a tiny unborn baby? The unborn baby's tiny arms and legs are pulled off. Their head is crushed. The unborn baby suffers intense pain. We must put an end to abortion. The guilty ones need to repent - ask for God's forgiveness - before it's too late. The world has a lot to answer for. We, Americans, have a lot to answer for.

*Ruth Weber  
Davenport Iowa*

#### The Consequences of Being Wrong!

Any reasonable person considers the possibility that he (or she) could be wrong regarding any important position they take.

If the pro-life movement is wrong, then we are guilty of trying to deny women a so-called right to privacy (which has never been part of our Constitution). But, if the pro-abortion side is wrong, then they are indisputably and directly responsible for the slaughter and mass murder of millions of innocent children----three and a half thousand a day in the United States.

So, the question is, would it be better to be pro-life and wrong, or pro-choice and wrong? The answer is very clear!

## LITURGY CORNER



### Do You Feel Called to Serve (continued)?

Later this summer we will have a special day to appreciate all our volunteer ministers, on August 25th.

Besides that appreciation, we will also be inviting those who feel called to serve in ministry. The focus of this week's Liturgical Ministry is **the role of a Minister of Hospitality (Usher)**.

#### THE MINISTRY OF HOSPITALITY - USHERS

The usher and greeter are people chosen to reflect the warmth and welcome of Christ himself. Always conscious of Christ's words "For I was...a stranger and you welcomed me," (Matthew 25:35), the usher/greeter serves not only as a Minister of Hospitality, but also as a Liturgical Minister.

**Ushers/Greeters as Ministers of Hospitality:** Ushers and Greeters are usually the first official representative of St Mark that people meet when they arrive. The ushers or greeters' dress, attitude, words, demeanor, body language all speak a message to the worshipper. As God's servants to his people, ushers and greeters should take care that nothing interferes with the awesome character of this encounter between God and his people at this time and place.

**Ushers/Greeters as Liturgical Ministers** Ushers and Greeters are leaders. As such they reflect the devotion, reverence and joy of encountering God in our worship service. Usher/greeters should not be physically or emotionally absent from worship. They must be mindful that they are there to assist those who are preparing to worship God by creating a quiet and reverent atmosphere within the church.



#### WORD OF THE WEEK

**Wealthy; opulent; possessing a large portion of land, goods or money, or a larger portion than is common to other men or to men of like rank.**

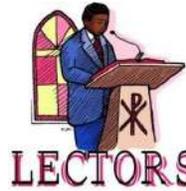


#### WELCOME TO THE CATHOLIC CHURCH

Rite of Christian Initiation of Adults (RCIA) is the process in which adults become full, participating members of the Catholic Church. Participants, known as catechumens go through a process of studying the Gospel, nurturing their relationship with God, becoming familiar with the Catholic teachings and practices, professing their faith in Jesus and the Church, and receiving the sacraments of initiation: Baptism, Eucharist, and Confirmation.

For more information on how to start your journey, contact Dcn. Mike Johnson @ 757-479-1010 or [Deacon\\_Mike@stmark-parish.org](mailto:Deacon_Mike@stmark-parish.org).

## MINISTRY OPPORTUNITY



### SAVE THE DATE!

Lector training will be held on August 31. Open to all current and new lectors and those wanting to know more about the Lector Ministry.

#### Coordinator of Religious Formation

Catholic Church of St Mark - Virginia Beach, VA

The Catholic Community of St Mark, in Virginia Beach, VA is currently seeking a part-time (25 hour a week) Coordinator of Religious Formation. Under the supervision of the Director of Religious Formation the Coordinator is responsible for the administration of the Children's Liturgy of the Word on Sundays, the Religious Formation program for grades Kindergarten to 5th Grade, Sacramental preparation for the Sacraments of First Reconciliation and First Communion, along with the Rite of Christian Initiation for Adults adapted for Children, summer Vacation Bible School and assisting the Director of Religious Formation in any other programs and events.

**QUALIFICATIONS:** This person must be an active, practicing Catholic; have at least a bachelor's degree in church ministry, theology, religious studies, religious education, or equivalent experience in Parish ministry; knowledge of the Church's teaching and renewed effort in the New Evangelization. Must be proficient in Microsoft Office and Outlook email; capable of learning Church database; passing a background screening and completion of the VIRTUS "Protecting God's Children" course are mandatory.

**SKILLS DESIRED IN APPLICANT:** This person must have excellent written and oral communication skills; excel in electronic communication and social media; be capable of working collaboratively as an active member of the pastoral staff team; have ability to work with parishioners in different ministerial settings; have the ability to supervise volunteers, be self-motivated, creative and a trustworthy steward of parish resources; be able to plan and execute formation activities. Travel may be required for certain formation related events. For a complete job description or to submit a resume, please contact Fr. Anthony Mpungu at [franthonny@stmark-parish.org](mailto:franthonny@stmark-parish.org).



#### PARISH LIFE

Jan Kilb is Parish Life's Funeral Reception representative. No longer a teenager, Jan does not let her Golden Years keep her from planning beautiful receptions for families who have lost a dear one. She is always ready to go and happy to serve!

Hand-in-hand with Funeral Receptions are our dedicated Heavenly Chefs with Susan Deml at the helm! These people are quick to prepare food within a few days' notice, and there is always a wonderful spread, beautifully presented.

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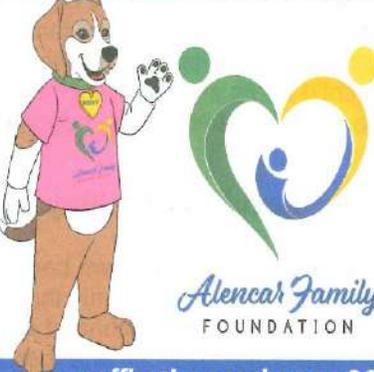


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