

THE CATHOLIC CHURCH OF

Saint Mark

Mission Statement

Rooted in the Word...nourished by the Sacraments...
Guided by the Holy Spirit...We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents... to build the Kingdom of God by imaging Jesus Christ.

Established 1978

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201

Phone: 757-479-1010 • Fax: 757-479-9453

Website: www.stmark-parish.org

Parish Office Summer Hours

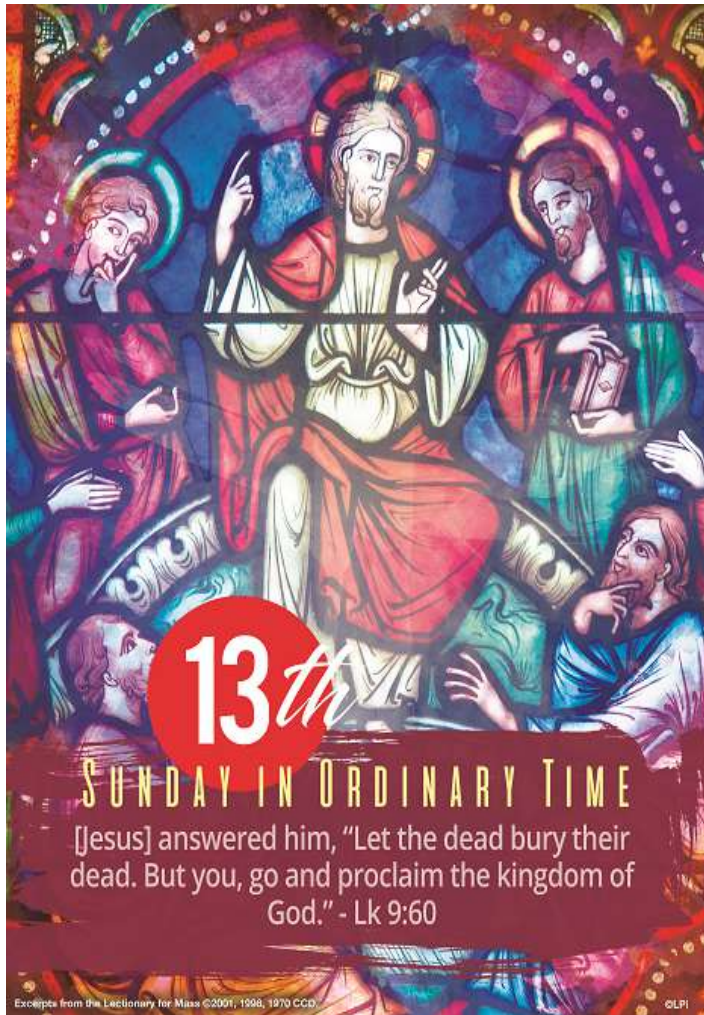
Monday-Thursday: 9:00a.m.– 1:00p.m.

Sunday 9:00a.m.-1:00p.m.



LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday at 8:30 & 10:30 a.m.
Tuesday and Thursday at 8:30 a.m.
Wednesday at 7:00 p.m.



PARISH STAFF

- Rev. Anthony Mpungu.....Pastor
franthony@stmark-parish.org
- Revs. Mr. Mike Johnson & John Kren.....Deacons
- Rev. Mr. Mike Johnson.....Pastoral Associate
deacon_mike@stmark-parish.org
- Mary Ellen Cussen.....Parish Bookkeeper
bookkeeper@stmark-parish.org
- Michelle Mocco.....Parish Secretary
secretary@stmark-parish.org
- Mark Smeland.....Music Coordinator
msmeland@gmail.com
- Vikki IgnacioLiturgical Musician
- Brian Gridley.....Maintenance/IT Coordinator
- Faith Daxton.....Housekeeping
- Renee McCroskey.....Nursery Supervisor
- Hank Harzold.....Parish Council Chairman
- William McMican.....Finance Council Chairman

RELIGIOUS FORMATION STAFF

- Sharon Katzman.....Director of R.F.
- Fe Guzman.....Youth Minister
- Samantha KriegCoordinator of R.F.

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m.-1:00p.m.

Sunday 9:00a.m.-2:00p.m.

Phone: 757-479-9897 • Fax: 757-479-9453

Email: sharon@stmark-parish.org

BAPTISM: Celebrated the 1st weekend of the month except during Lent. Contact Religious Formation Office for Baptism classes prior to the Sacrament.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

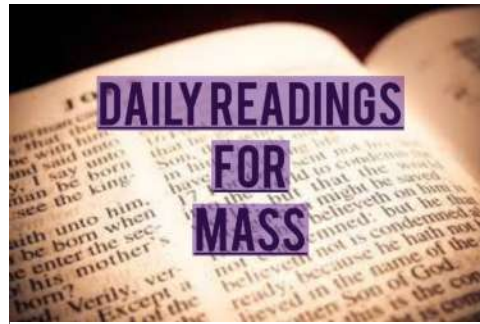
MINISTRY TO THE SICK & HOMEBOUND: If you know someone who cannot attend Mass or desires a visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring a Columbarium niche, call the Parish Office.

FATHER ANTHONY'S REFLECTION

I welcome you to this 13th Sunday in Ordinary time. As Christians and above all Catholics, we are guided by the liturgical seasons on our journey of faith. Today we hear from the Gospel reading that Jesus was resolutely determined to journey to Jerusalem, the place of his passion. Together with him were those who were following him, but Jesus wanted to make it clear that following him required determination. He invited those that he wanted and challenged them, to see if they were ready for the task. Jesus insists that his disciples must be detached and abandon material goods and the social ties in order to be fully committed. Following Jesus is not only when things are going well but also in the tough times. This means that one must be ready to make a fundamental decision and a complete change of lifestyle from the old ways to new ways and new goals. At the same time, sacrifice is a big part of this choice for it proves the true commitment and true followers of Christ. Whenever we think about following Jesus, we can all imagine the challenges involved, especially today when we are surrounded with so many distractions pulling us in every direction. However, we must make every effort that it takes, because when we see the fruits and value of following Jesus, these outweigh anything. It is worth a decision and we must be proud to be Jesus' followers and hopefully we can bring so many others to him. Amen.



With
Offerings
and
Intentions

MONDAY
6/27

**SAINT CYRIL OF ALEXANDRIA,
BISHOP, DOCTOR OF THE CHURCH**
Am 2:6-10, 13-16; Mt:18-22

TUESDAY
6/28

SAINT IRENAEUS, BISHOP, MARTYR
Am 3:1-8,4:11-12; Mt 8:23-27
Mark Guadagnini (†)

WEDNESDAY
6/29

SAINTS PETER AND PAUL, APOSTLES
Acts 12:1-11; 2 Tm 4:6-8,17-18, Mt 16:13-19

THURSDAY
6/30

**THE FIRST MARTYRS OF THE HOLY
ROMAN CHURCH**
Am 7:10-17; Mt 9:1-8

FRIDAY
7/1

SAINT JUNIPERO Serra, priest
Am 8:4-6,9-12; Mt 9:9-13

SATURDAY
7/2

Am 9:11-15; Mt 9:14-17

Juanita Andallo Harlan (†)

SUNDAY
7/3

**FOURTEENTH SUNDAY IN ORDINARY
TIME**
Is 66:10-14c; Gal 6:14-18; Lk 10:1-12,17-20
Ryan Steele (I)
Zach Fritsch (†)

(†) Offerings for the Deceased
(I) Intentions of the Living

**June - Month of the
Sacred Heart of Jesus**



DAILY PRAYER

My God, I adore You, and I love You with all my heart. I thank you for having created me, made me love You, and preserved me this night. I offer You the actions of this day. Grant that all of them may be in accordance with Your holy Will and for Your greater glory. Protect me from sin and from all evil. Let Your grace and mercy be always with me and with all my dear ones. Amen.



Renato Tugbang, Ryan Steele, Jan Johnston, Paul Caddies, Molly Kibble, Abelino Santiguel, Janet Wright, Brittany Cochran Yokley, Pat Byrne, Dawn Boroden, Patricia MacCartney, McBride Family, LaDonya Bradley, Trish Simpson, David McElheney, Evelyn Harzold, Antonio & Gloria Fernando, Billie Dudley, Rose Sunderland, Rose Fisher, Kenneth Delorenzo, Perry Francisco

JUSTICE AND PEACE

Visit the Justice & Peace page on our St. Mark website for more information on our ministries and current focus, www.stmark-parish.org/ministries/justice-and-peace or email us at justiceandpeace@stmark-parish.org.

June Foods of the Month

June: \$10 Gift Cards or any item from Food Pantry List
Individual Fruit Cups or snack crackers
July: 19-30 oz. Plastic Jar Grape Jelly
Individual Tuna/Chicken Salad Snack Kits



Food Pantry: Our Food Pantry is getting busier, and we are in need of a few more volunteers to help us ensure our guests get the best possible service we can give. If you would like to help and are available on Wednesday mornings between 10am-1pm – weekly, monthly or occasionally as a backup please contact justiceandpeace@stmark-parish.org or call Joyce Gridley @ 757-675-6486



Human trafficking: Common Labor Trafficking Red Flags

RED FLAGS

- Feel pressured by their employer to stay in a job or situation they want to leave
- Owe money to an employer or recruiter and/or not being paid what they were promised or are owed
- Do not have control of their passport or other identity documents
- Are living and working in isolated conditions, largely cut off from interaction with others or support systems
- Appear to be monitored by another person when talking or interacting with others
- Are living in dangerous, overcrowded or inhumane conditions provided by an employer
- Are being threatened by their boss with deportation or other harm
- Are working in dangerous conditions, without proper safety gear, training, adequate breaks and other protections

Source: <https://polarisproject.org/labor-trafficking/>



Prison Ministry/Deerfield Artwork. Stop by the Great Hall and see our display of wonderful artwork from Tracey "Snoopy" a resident of our Deerfield Catholic Community.



SCHOOL SUPPLIES: For the month of July our Justice & Peace Committee will be collecting school supplies. Please place donations in the marked bin in Great Hall next to the Justice & Peace Table. Supplies will be distributed to children in need within our parish, our Food Pantry guests and at Parkland,

Indian Lakes, and Tallwood Elementary, Brandon and Salem Middle Schools, and Green Run High School. Our Vacation Bible School (VBS) participants will also be participating and collecting school supplies.

SCHOOL SUPPLY LIST: Pens, Pencils, Spiral Notebooks, Composition Books, Rulers, Glue Sticks, Loose Leaf Paper, 3 Ring Binders (all sizes), Tabbed Dividers, Safety Scissors, Colored Pencils, Highlighters, Pocket Folders, Erasers, Crayons, Tissues, Back Packs. *This list is not inclusive please feel free to include other items you may know are needed. Lists also available on Justice & Peace table and website.

If you are a parishioner or know of a parishioner who is in need of help with school supplies, please contact justiceandpeace@stmark-parish.org or Joyce Gridley 675-6486.

THIS WEEK AT SAINT MARK



**June 27th - July 3rd
Parish Office Hours
(Summer Hours)
Mon-Thurs 9am - 1pm
Sunday 9am - 1pm**

MONDAY
715pm

RCIA in the Conference Room, Daily Chapel, and Great Hall

TUESDAY
830am

WEEKDAY MASS in the Daily Chapel

WEDNESDAY
10am-1pm
630pm
7pm

Food Pantry in the Great Hall
Rosary in the Daily Chapel
WEEKDAY MASS in the Daily Chapel

THURSDAY
6am
830am
930-11am

Men of St Joseph in the Great Hall
WEEKDAY MASS in the Daily chapel
PLARN in the Great Hall

FRIDAY

Nothing Scheduled

SATURDAY
10am
4pm
5pm
530pm

Committal in Columbarium
Reconciliation in the Daily Chapel
Rosary in the Sanctuary
WEEKEND MASS in the Sanctuary

SUNDAY
8am
830am
10am
1030am

Rosary in the Sanctuary
WEEKEND MASS in the Sanctuary
Rosary in the Sanctuary
WEEKEND MASS in the Sanctuary
with Facebook Live Stream

WORLDWIDE MARIAGE ENCOUNTER

Marriage is a Journey!!!!

A Worldwide Marriage Encounter Experience can help you enrich your marriage and add some pizzazz to your journey. Whether you've been married 1 year or 50, a Marriage Encounter Experience may be just the thing you need to put a breath of fresh air into your relationship. Our next in-person experience is September 23-25, 2022, at the Crowne Plaza in Reston VA

Only 20 spots available so sign up early! To register, go to WWME.org, click "Apply" and search on Virginia. Feel free to contact Mark and Cathy Stangler at 703-378-4150 or mstang1987@aol.com with any questions.

LITURGY CORNER

God Appears in the Ordinary

This weekend we resume the Sundays in Ordinary Time for the remainder of this Liturgical Year. Please note the green in the Sanctuary. We have also begun the official summer season. During this Ordinary Time it is good to remember how we see can God in the ordinary!

"God makes ordinary things sacred. Water. Bread. Wine. Oil. These are simple items, yet they are transformed by God to impart to human beings the gift of God's own life. These gifts attain their highest purpose through God's transforming action.

We are human beings, which is to say that—unlike the angels—we are embodied. Our material nature means that we have need of things we can touch, taste, hear, see, and smell. That is why we need sacraments, which are visible signs of invisible realities. God reaches us through the material world because that is where we can be reached. God comes to us through the ordinary, and in so doing, the ordinary becomes sacred.

To help children understand this, parents and grandparents should reflect first on how they have encountered God's presence. Perhaps you have had the experience of feeling God's presence in nature or over coffee with a close friend. Perhaps you have heard God's voice in an unexpected way, through encouragement or challenge, in moments of suffering or gratitude. God speaks to us in a variety of ways. The sacraments are privileged moments of encounter, yet Pope Francis reminds us that each moment of our lives is an opportunity to grow in holiness.

These moments when we feel God breaking through the ordinary become more apparent when we take time to notice them. You might write down one thing for which you are grateful each day. You might take five minutes to review the day's events to see where God's presence was most apparent. Over a meal with the ones you love, already a place of sacred encounter, you might converse about how God is acting in each of your lives in ways big and small. Making this a part of your regular family routine can yield big results in terms of seeing God's action bursting through the ordinary because, in large part, we only notice what we are looking for.

Put down the phone. Make time for silence. Take a walk. Look one another in the eye. It is through the world that God comes to us. It is our task to watch for God there and to listen for his voice. God is always inviting us. We are called to the Lord's table and to the dinner table, to the waters of Baptism and the water we pour for the one in need. We are called to recognize that we are always in the presence of God."

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SUMMERTIME SUGGESTED ACTIVITIES

Play like a kid on the playground.

Find a playground not currently occupied by a gaggle of kiddos and let loose. Slide with abandon. Swing like you don't have motion sickness. See if you can cross to the other side of the monkey bars without falling.

Host a bake-off.

For those overcast and rainy summer days, call up your friends and challenge them to a bake off. Turn it into a friendly competition by only being allowed to use the ingredients you already have on hand or allow everyone to make a quick grocery run. No matter if you win or lose, you get a delicious treat out of it regardless.

Grab existing art supplies and paint some nature.

When it's framed, just about anything looks good. So don't be shy to grab whatever art supplies you have on hand (even just a pencil and paper) to go outside and sketch/watercolor/pencil color/oil paint nature. You could get some pretty good art out of it!

Camp in your backyard.

Have some camping supplies in a closet somewhere that barely get any use? You don't have to trek to a far-off wilderness location to have any fun in nature. Use your own backyard to pitch a tent, drag out a mattress, and make s'mores. Absolutely no judgment if you sneak back into the house to sleep the rest of the night.

Build a sandcastle.

It goes without saying that building a sandcastle is one of the very best things to do in the summer. If you're near any beaches (or even sandboxes), challenge yourself to spend an afternoon building a truly impressive sandcastle. (Check YouTube for video inspiration if you want to get really serious.)

WELCOME TO THE CATHOLIC CHURCH



Rite of Christian Initiation of Adults (RCIA) is the process in which adults become full, participating members of the Catholic Church.

Participants, known as catechumens go through a process of studying the Gospel, nurturing their relationship with God, becoming familiar with the Catholic teachings and practices, professing their faith in Jesus and the Church, and receiving the sacraments of initiation: Baptism, Eucharist, and Confirmation.

For more information on how to start your journey, contact Dcn. Mike Johnson @ 757-479-1010 or Deacon_Mike@stmark-parish.org.



**Collections for the week of
June 19, 2022:
\$ 15,843**

Fiscal Year July-June	Budgeted Year to Date	Offertory Year to Date	Excess/ Short
Offertory	\$884,500	\$946,113	\$61,613

Family Count: 886 Envelopes: 166 Online: 188

Online Donations

If you currently do not give online, but would like to, please sign up at:

<https://giving.parishsoft.com/app/giving/stmarkvb>.

2022 DIOCESAN ANNUAL APPEAL

As of June 17, 2022, St. Mark has raised **\$63,456** towards our goal of **\$54,300**. That means we have reached almost **117%** of our goal!

YOUTH ACTIVITIES

Calling ALL rising 6-8 Graders!

JOIN US!

MIDDLE SCHOOL DAY RETREAT

EPIC

SATURDAY, AUGUST 6, 2022



At the end of the day, middle school youth will walk away feeling excited about their community and their faith.

Interested? Contact Fe Guzman for more information
fe@stmark-parish.org

Calling youth and young adults (16-35)!

JOIN US!

WORLD YOUTH DAY 2023

Lisbon, Portugal * August 1-6, 2023

With a diocesan sponsored pilgrimage to
Lourdes, Fatima and Santiago de Compostela from July 24, 2023



Discount and payment plans available with registration before July 31, 2022!

Interested? Contact Fe Guzman for more information
fe@stmark-parish.org

RELIGIOUS FORMATION



VBS Registration is now open!!

Vacation Bible School is
July 18-22, 9am to 1230pm.
Cost for participants is \$30 per

child or \$90 per family max.

Register to participate or volunteer at:

<https://vbspro.events/p/events/stmarkvbs22>.

COORDINATOR OF RELIGIOUS FORMATION - Wanted

The Catholic Community of St Mark, in Virginia Beach, VA is currently seeking a part-time (25 hour a week) Coordinator of Religious Formation. Under the supervision of the Director of Religious Formation the Coordinator is responsible for the administration of the Children's Liturgy of the Word on Sundays, the Religious Formation program for grades Kindergarten to 5th Grade, Sacramental preparation for the Sacraments of First Reconciliation and First Holy Communion, along with the Rite of Christian Initiation for Adults adapted for Children, summer Vacation Bible School and assisting the Director of Religious Formation in any other programs and events. Must be able to work on Sundays.

QUALIFICATIONS: This person must be an active, practicing Catholic; have at least a bachelor's degree in church ministry, theology, religious studies, religious education, or equivalent experience in Parish ministry; knowledge of the Church's teaching and renewed effort in the New Evangelization. Must be proficient in Microsoft Office and Outlook email; capable of learning Church database; passing a background screening and completion of the VIRTUS "Protecting God's Children" course are mandatory.

SKILLS DESIRED IN APPLICANT: This person must have excellent written and oral communication skills; excel in electronic communication and social media; be capable of working collaboratively as an active member of the pastoral staff team; have ability to work with parishioners in different ministerial settings; have the ability to supervise volunteers, be self-motivated, creative and a trustworthy steward of parish resources; be able to plan and execute formation activities. Travel may be required for certain formation related events. For a complete job description or to submit a resume, please contact Fr Anthony at franthonny@stmark-parish.org.

OUR CATHOLIC FAMILY


Parents: have you ever asked or been asked to do something and said/replied "Let me finish this first?". That's kind of what Jesus is getting to in today's gospel reading from Luke 9:51-62. Those who say they will follow him want to "Let me finish this first". To which Jesus says, basically, "that's not how discipleship works".

What Jesus wants us to understand, is that to be a disciple means putting God first. God first. Family second. And then the list can take on the "earthly things".


As a parent what are the things you put before God? How can you show your love for God in a way which your child(ren) will see? As the first *model of faith*, this is an important, tough question.

At the end of each Mass, Father Anthony or Deacon Mike or Deacon John tells us to go out into the world and live our lives according to the Gospel. Ask your child what they think this means? Share what it means to you.

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