

THE CATHOLIC CHURCH OF

Saint Mark

Mission Statement

Rooted in the Word...Nourished by the Sacraments... Guided by the Holy Spirit....We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents... to build the Kingdom of God by imaging Jesus Christ.

Established 1978

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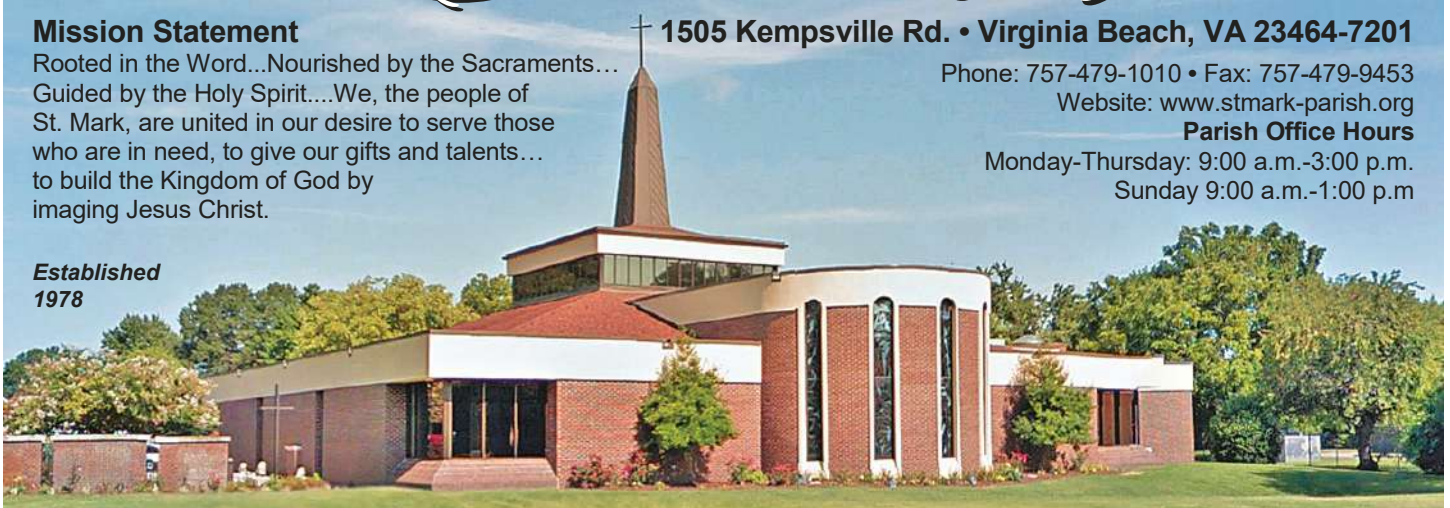
Phone: 757-479-1010 • Fax: 757-479-9453

Website: www.stmark-parish.org

Parish Office Hours

Monday-Thursday: 9:00 a.m.-3:00 p.m.

Sunday 9:00 a.m.-1:00 p.m



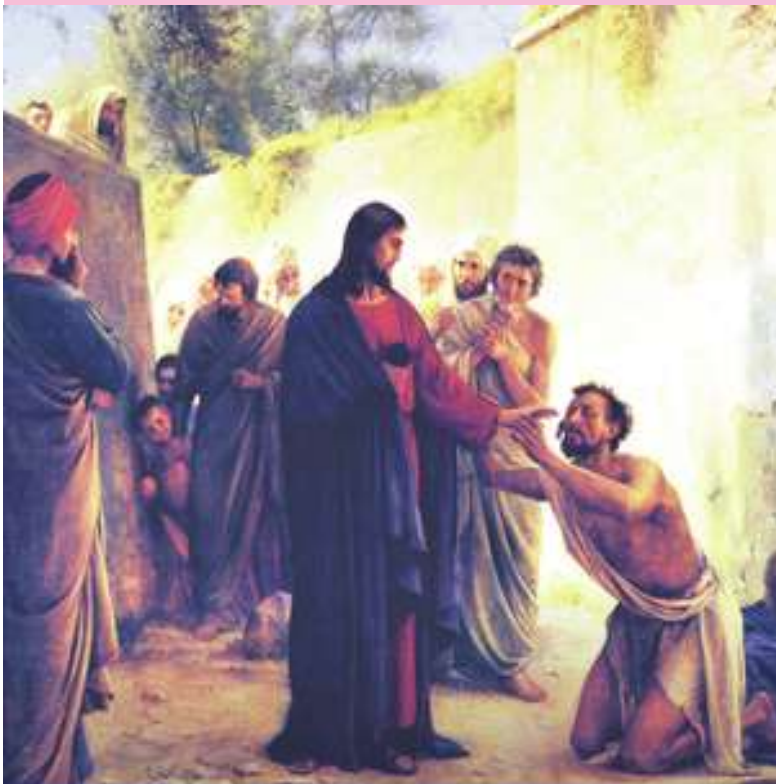
LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday at 8:30 & 10:30 a.m.

Tuesday and Thursday at 8:30 a.m.

Wednesday at 7:00 p.m.

Nursery available for 8:30 a.m. & 10:30 a.m. Masses.



4TH SUNDAY OF LENT

When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?" - Jn 9:35

PARISH STAFF

- Rev. Anthony Mpungu.....Pastor
franthony@stmark-parish.org
Revs. Mr. Mike Johnson & John Kren..... Deacons
Rev. Mr. Mike Johnson .....Pastoral Associate
deacon\_mike@stmark-parish.org
Mary Ellen Cussen.....Parish Bookkeeper
bookkeeper@stmark-parish.org
Kathryn Flannigan.....Parish Secretary
secretary@stmark-parish.org
Michael K. Williams..... Director of Music
musicdirector.stmark@gmail.com
Laura Ishmael ..... Pianist
Marlene Games.....Nursery Supervisor
Brian Gridley .....Maintenance/IT Coordinator
Cynthia Martinez.....Custodian
Hank Harzold.....Parish Council Chairman
William McMican.....Finance Council Chairman

RELIGIOUS FORMATION STAFF

- Sharon Katzman.....Director of R.F.
Fe Guzman.....Youth Minister
Samantha Krieg .....Coordinator of R.F.

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m.-3:00p.m.

Sunday 9:00a.m.-2:00p.m.

Phone: 757-479-9897 • Fax: 757-479-9453

Email: sharon@stmark-parish.org

BAPTISM: Celebrated the 1st weekend of the month except during Lent. Contact Religious Formation Office for Baptism classes prior to the Sacrament.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

MINISTRY TO THE SICK & HOMEBOUND: If you know someone who cannot attend Mass or desires a visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring a Columbarium niche, call the Parish Office.



## Father Anthony's Reflection

Welcome to this 4th Sunday of Lent. The Gospel reading today presents a man born blind, but having been healed by Jesus, he goes ahead to proclaim the glory of God.

Each one of us is created for a mission and purpose. This means that we can fulfill our mission by using the gifts God has given us. Jesus encountered a man who was blind from birth! He had no idea what it meant to see, so much so, that blindness was a stumbling block that limited his ability to fulfill his mission. But his encounter with Jesus changed his entire life. Jesus was willing to make him better when he answered his disciples "Neither he nor his parents sinned; it is so that the works of God might be made visible through him..." This statement of Jesus is a revelation of himself to the people as a Prophet! And this is exactly what the man said when he was asked about the person who made him see! "He is a prophet." Jesus did not only open the physical eyes of the blind man, but he also opened his spiritual eyes. He was able to see the light which others failed to see because he had faith! There was a division between those who doubted, because their spiritual eyes were still in darkness! They failed to believe the messenger of God, but it didn't change Jesus being the Savior and light of the world. Here was a moment of the expression of faith of the highest order. For those who have faith, there was no doubt, yet, for those who had no faith there was a lot of doubt. The blind man didn't know where Jesus was coming from, but all he knew was that his eyes had been opened by someone great! The blind man saw everything that others saw, but more, as he saw what escaped the eyes of those with no faith!

Faith is an ability to know, by the light of Christ, everything that is true! May we always seek to know and see the truth in Christ!

Amen.

# MASS INTENTIONS

## And Daily Readings

Fr Anthony will celebrate Daily Private Mass and will include the Intentions below!

<b>MON</b>	<b>03/23</b>	<i>Saint Turibius of Mogrovejo, Bishop</i> Is 65:17-21 ; Jn 4:43-54
<b>TUES</b>	<b>03/24</b>	ELENA CONTE+ Ez 47:1-9,12 ; Jn 5:1-16
<b>WED</b>	<b>03/25</b>	<i>The Annunciation of the Lord</i> ELENA CONTE+ Is 7:10-14; 8:10 ; Lk 1:26-38
<b>THU</b>	<b>03/26</b>	LILIANE ULYSSE+ Ex 32:7-14 ; Jn 5:31-47
<b>FRI</b>	<b>03/27</b>	Wis 2:1a, 12-22 ; Jn 7:1-2,10, 25-30
<b>SAT</b>	<b>03/28</b>	<i>5th Sunday of Lent</i> THERESA GUEVIN+
<b>SUN</b>	<b>03/29</b>	MARGARET RUPP+  GREGORY CALABRESE+  EZ 37:12-14 ; Rom 8:8-11 ; Jn 11:1-45 (+) Indicates Deceased



Nancy Tennin, Steven Barkow, Hadley Hewlett, Emma & Jeff Madrigal, Alice & George Volz, Don DeGroot, Bryan Mendoza, Deacon Robert Esposito, Dawn Boroden, Sherry Savage, Leonardo V. Corpez, Jan Kilb, Rose Kmetz, Emy Balmaceda, Jim Thomas, Jean Morgan, Chandler Jacob, Christian & Dana Brewer, Diane Esposito, Luz Cardenas, Connie Collins, Suzie Neely, Chantal Rose Denman, Yolanda Santiagué, Beth Park, Susan Parr, Abelino Santiagué, Paula Turgeon, Sarah Harrington, Harry Tennin, Mike Turner, Norma Comia, Margarita Qualle, Olive Stanley, Marlene Slate, Betty Wemhoff, Osbaldo Toledo, Alex Cooke, Jun Cruz, Fay Harrington, Ralph Knappa, Erlinda Mariado, Marge Kube, John King, Kathy Rivet, Judy Kiplinger, Mary Kramer, Lantz Claudill, Mary Szalach, Suzi North Sheehan, Aurora Young, Val Kandis, Angelita V. Cruz, Nikole Zabataite, Robby Comia, Cindy Meier, Billie Ishmael, Helen Allen, Michael Kmetz, Roger Guerrero, Marianna Gable, Faye Vassiliou, Dick Guevin

*Please pray for the repose of the soul of Zenaida Palompo.  
Let perpetual light shine upon her; may she rest in peace!  
Keep Zeni's family in your prayers!*

# Justice and Peace

Food Pantry item: Strawberry Jam

(Also in need of plastic bags)

*Due to the upcoming construction in the Great Hall, the Food Pantry will be closed from April 10th to May 4th!*

Visit the Justice & Peace page on our St. Mark parish website for more information and other current J&P focus, events, and opportunities.

[www.stmark-parish.org/ministries/justice-and-peace](http://www.stmark-parish.org/ministries/justice-and-peace).



March our Diocesan focus is "The Power of Almsgiving" Lent is a time of encounter.

Through prayer, We encounter Christ, present in the face of every member of our human family. Through fasting, We encounter the

obstacles that prevent us from loving God and neighbor.

Through almsgiving, We encounter our brothers and sisters around the world, sharing God's gifts with others. At St. Mark the power of almsgiving is evident in the countless lives impacted through the generosity of our parishioners. Visit our Justice & Peace bulletin Board in the Great Hall for informational sheets on our outreach ministries and CR S Rice Bowl [www.crsricebowl.org](http://www.crsricebowl.org)



Take a stand for life: We continue our prayer vigils for an end to abortion on Wednesdays from 5-6pm through April 5th. As our community takes part in "40 Days for Life"

campaign. Where: Public right-of-way outside Planned Parenthood 515 Newtown Road. Interested in joining us as we pray for an end to abortion please contact Joyce Gridley at 675-6486 or [justiceandpeace@stmark-parish.org](mailto:justiceandpeace@stmark-parish.org)



OPIOID CRISIS: "Drugs have inflicted a deep wound on our society and ensnared many people in their web. Many victims have lost their freedom and have been enslaved to them;

enslaved by an addiction we could call 'chemical'. This is undoubtedly a 'new form of slavery' alongside several others that afflict individuals and society in general today." — Pope Francis address to narcotics conference 2016. DID YOU KNOW: 130 people died every day in the U.S. in 2018/2019 from Opioid related overdoses. Please visit our table in the Great Hall for educational information and resources on the Opioid Crisis!



During the month of April our Justice & Peace Committees recognizes, celebrates and thanks volunteers both within our church walls (all volunteers Liturgical,

Formation, J&P Outreach, Parish Life...) and outside of them (all volunteer activities in the community). We go two by two to area schools, EMS/Firehouses, hospitals and other volunteer organizations share treats and express our appreciation to those in our community who give of their time and talent. We will host our 4th annual Wine & Cheese Appreciation Reception to thank all within our Parish Community who volunteer (watch bulletin for date). If you would like more information, know a volunteer organization, want to provide baked goods and/or join us as we visit organizations, contact Joyce Gridley [justiceandpeace@stmark-parish.org](mailto:justiceandpeace@stmark-parish.org)

# This Week

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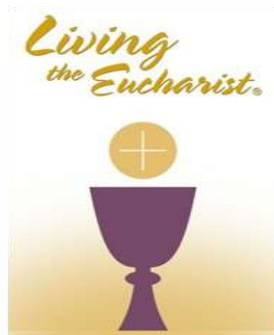
At Saint Mark  
March 23rd -March 29th

MON	Nothing scheduled
TUES	Nothing scheduled
WED	Nothing scheduled
THURS	Nothing scheduled
FRI	Nothing scheduled
SAT	Nothing scheduled
SUN	Nothing scheduled

Please stay tuned to the St Mark Website and to the Diocesan website—<https://richmonddiocese.org/> for updates of activities and rescheduling of events and Liturgical celebrations.

# Lent 2020

We recommend that those who have been participating continue to work through the booklet on their own.



## 2020 ANNUAL DIOCESAN APPEAL UPDATE

St. Mark has raised \$18,892 towards our goal of \$52,160 or 37.8% of our goal so far.

Thank you so much for contributing!

### MY OWN CHURCH - Electronic Contribution Statement

St. Mark is pleased to offer electronic contribution statements for your tax-deductible giving. You can register and download your statement today from MY OWN CHURCH on our website [www.stmark-parish.org](http://www.stmark-parish.org). If you already have a login, simply navigate to the My Offering tab, view your Giving History, and click the Download button. Save or print the PDF file of your statement. Downloading your own e-statement benefits you and our parish staff!

- Receive statements instantly! No waiting for a paper statement to arrive in the mail.
- Help the parish reduce mailing costs and paper usage.
- Be secure! Electronic delivery to your My Own Church account allows greater confidentiality than printed statements.

It is also possible to register for My Own Church for access within a few days. If unable to obtain an online statement for any reason, please drop a self addressed stamped envelope at the church office or leave a note with your name and email for an email of your statement.

### From the Bookkeeper:

#### ATTENTION ONLINE DONORS

Thank you for your patience and cooperation switching over to our new online donation platform. If you currently do not give online, but would like to, please sign up at <https://giving.parishsoft.com/app/giving/stmarkvb>

Fiscal Year July 19 June 20	March 1	Offertory Year to Date	Needed Year to Date	Excess/ Short
Offertory	\$17,575	\$652,491	\$625,600	\$26,891

Family Count—1043 Those Using Envelopes—306 Online Donation—89

## LITURGY CORNER

Welcome to Laetare Sunday, the 4th Sunday of Lent and what would be the 2nd Scrutiny for our RCIA Elect. We are midway to our celebration of Christ's Resurrection, so we take time to rejoice on this special Sunday. Traditionally, this Sunday has been a day of celebration - a day to rejoice, within the austere period of Lent. This Sunday gets its name from the first few words of the Entrance Antiphon - "Laetare Jerusalem" ("Rejoice, O Jerusalem") - which is Latin from Isaiah. As a symbol of this "rejoicing" the vestment and altar cloth colors are rose; some flowers may even be used to decorate the Sanctuary.

As we continue our journey in this special Season of Lent, our RCIA Elect are called once more to celebrate their 2nd Scrutiny while reflecting, especially, on John's Gospel story of the "Man Born Blind." How our eyes are spiritually opened through Jesus' words, presence and healing touch. We are called to reflect on our own spiritual blindness and how our faith in Jesus can expand our vision and our response to the needs of others. If we allow it, our celebration of the Eucharist will teach us how to live in Christ. So let us rejoice as best we can!



Please pray for our candidates who will be receiving the Sacrament of Confirmation at a future date. As disciples of Christ, may the gifts of the Holy Spirit stay alive in their hearts and may they receive the guidance necessary to continue the mission of Christ and His Church.

- |                  |                     |
|------------------|---------------------|
| Zavier Cortez    | Victoria Ochave     |
| Alyssa Dajero    | Aidan Parziale      |
| Kevin Ellison    | Andre Rodriguez     |
| Kira Fisher      | Sky-Lynn Rodriguez  |
| Anthony Ganser   | Joseph Rossero      |
| Chrisanta Garcia | Andrew Strassberger |
| William Greene   | Alondra Talley      |
| Caitlin Klein    | Kanaan Talley       |
| Cassidy Hermoso  | Evan White          |
| Jeremy Marcelo   | Michael Wright      |
| Ava Mariano      | Isabella Yohe       |

### Interested In Learning More

#### About The Catholic Faith or Becoming Catholic?

The Rite of Christian Initiation for Adults or RCIA is a process to learn and grow in the Catholic Christian Faith. It begins with Inquiry, where you come to ask questions and determine if this is right for you. It is open to those who have never been Baptized or are coming from a different Christian Faith experience or not fully formed in the Catholic Faith. Formation sessions are conducted on Monday evenings, starting at 7:15pm. If you are interested please contact Deacon Mike Johnson at 479-1010 or [deacon\\_mike@stmark-parish.org](mailto:deacon_mike@stmark-parish.org)

### Children's Liturgy of the Word

Palm Sunday and Easter Sunday are very important Sundays in the Church year. It is important for families to attend Mass together on these days. For this reason, we will not have Children's Liturgy of the Word at the 8:30 or 10:30 Masses on April 5th or April 12th.

## Thank You!

The Youth Group sends a heartfelt THANK YOU to everyone who participated in the Chili Cook-Off and raffle drawings. Our event would not have been a success without the support and prayers of our parents, volunteers and participants. We raised \$1707 to help our teens with the cost of attending summer youth conferences.

### Bus Trip To the Basilica

Bishop Knestout will lead a Diocesan Pilgrimage to the Basilica of the National Shrine of the Assumption of the Blessed Virgin Mary, Baltimore on Saturday, May 9, 2020.

St. Mark Church, Virginia Beach will sponsor a bus for the parishes of our Deanery. The bus will leave early on Saturday morning and return around 11 pm. The cost is \$60.00 per person which includes the bus as well as a tip for the driver. Passengers should bring a snack for the trip up and back. To register call St. Mark Catholic Church: (757) 479-1010.

### Save the date: Vacation Bible School

Vacation Bible School will be July 13-17th 2020. Participant registration will begin after Easter. If you would like to volunteer to help with setup or planning contact Samantha at [Samantha@stmark-parish.org](mailto:Samantha@stmark-parish.org)

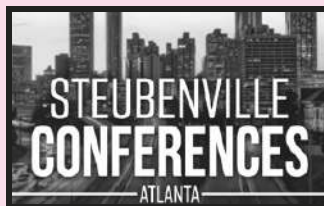
### 2020 Summer Youth Opportunities

Calling all rising 9th - 12th Graders, Parents and Chaperones:

Registration now open! For more details, contact the Religious Formation Office 757-479-9897 or [fe@stmark-parish.org](mailto:fe@stmark-parish.org)

One Bread, One Cup  
June 26-30

Steubenville Conference  
July 9-12



### Living Our Mission becomes REAL

Construction begins April 13 in the Great Hall. The windows in the ceiling will be replaced and five new classrooms / meeting spaces will be created. The classrooms will extend from where the stage is currently located across the back of the Great Hall to the opposite wall. Four of the classrooms will be about the size of the Conference Room. The fifth will be slightly larger. Window replacement will address leaks and increase energy efficiency. Classrooms will provide a quieter space more conducive to instruction and meetings. Thank you to all have contributed and been so patient. See Deacon John for more details.

### K of C Fish Fry

The Knights of Columbus Assembly #1505 will hold a Lenten Fish Dinner every Friday during Lent until Apr 3rd. Doors open at 5:00 p.m. and dinner will be served until 7:30 p.m. at the Columbian Club, 1236 Prosperity Rd, Virginia Beach, VA 23451. Dinner will include: Fried Fish Fillet, French Fries, Homemade Coleslaw, and Hushpuppies; or Baked Fillet of Fish, Rice Pilaf, Homemade Coleslaw, and Hushpuppies; or Chicken Nuggets and Fries for the children if desired. Cost is a donation of \$9.00 for 13 and over, \$5.00 for youth 7-12, and free for those 6 and under. This is our annual fundraiser to support the U.S. Military Archdiocese, the USO, Ride to Recovery, the local Veteran Cemeteries, and several other Patriotic events and charities. Please email Steve Schlossberg at [steven.schlossberg@gmail.com](mailto:steven.schlossberg@gmail.com) or call him at (757) 927-5317 if you have any questions.

### Expectant to Experienced MOMS

**When all activities resume!** Join us for Fellowship, Faith and Fun in the Conference Room every Friday morning 9:30-11:30 am Nursery is provided! Please contact Holly Krukowski @ 585-749-6941 for further information.

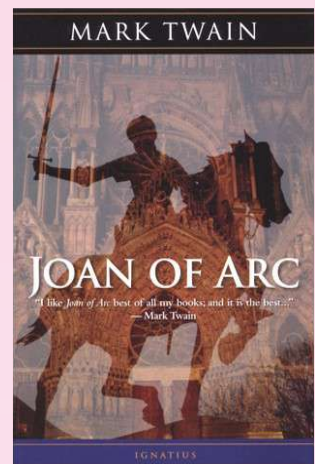
### Catholic Charities

Catholic Charities' is currently accepting clients for its Companion Care and Respite Care Programs. Respite Care provides caregivers with a short-term, affordable break from the rigors of 24/7 caregiving. Companion Care provides companionship, safety monitoring, medication reminders, and more while allowing seniors to live independently at home. (Overnight assistance available if needed.) For more information on either program, call 757-456-2366 or email [vdunlap@cceva.org](mailto:vdunlap@cceva.org).

### Saint Mark Book Club: May 12th at 6:30 p.m. in the Library

*New Members are Welcome and Encouraged to join!*

Very few people know that Mark Twain (Samuel Clemens) wrote a major work on Joan of Arc. Still fewer know that he considered it not only his most important but also his best work. He spent twelve years in research and many months in France doing archival work and then made several attempts until he felt he finally had the story he wanted to tell. The very fact that Mark Twain wrote this book and wrote it the way he did is a powerful testimony to the attractive power of the Catholic Church's



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