

THE CATHOLIC CHURCH OF

Saint Mark

Mission Statement

Rooted in the Word...Nourished by the Sacraments... Guided by the Holy Spirit...We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents... to build the Kingdom of God by imaging Jesus Christ.

Established 1978

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201

Phone: 757-479-1010 • Fax: 757-479-9453

Website: www.stmark-parish.org

Parish Office Hours

Monday-Thursday: 9:00 a.m.-3:00 p.m.

Sunday 9:00 a.m.-1:00 p.m.



LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday: 8:30 & 10:30 a.m. Tuesday & Thursday: 8:30a.m. • Wednesday: 7:00p.m.

Check inside bulletin for possible changes.

Nursery available for 8:30 a.m. & 10:30 a.m.

Masses.

PARISH STAFF

- Rev. Anthony Mpungu.....Pastor
franthony@stmark-parish.org
Michael Johnson & John KrenDeacons
Mike JohnsonPastoral Associate
deacon_mike@stmark-parish.org
Mary Ellen Cussen Parish Bookkeeper
bookkeeper@stmark-parish.org
Denise Boyce Parish Secretary
secretary@stmark-parish.org
Michael K. WilliamsDirector of Music
musicdirector.stmark@gmail.com
Laura Ishmael..... Pianist
Marlene GamesNursery Supervisor
Brian Gridley..... Maintenance/IT Coordinator
Alberto Rosado.....Custodian
Hank Harzold..... Parish Council Chairman
William McMican.....Finance Council Chairman

RELIGIOUS FORMATION STAFF

- Sharon Katzman.....Director of R.F.
Fe Guzman..... Youth Minister
Samantha KriegCoordinator of R.F.

RELIGIOUS FORMATION OFFICE HOURS

Monday-Wednesday 9:00a.m.-1:00p.m.

Sunday 9:30a.m.-2:00p.m.

Phone: 757-479-9897 • Fax: 757-479-9453

Email: sharon@stmark-parish.org

BAPTISM: Celebrated the 1st weekend of the month except during Lent. Contact Religious Formation Office for Baptism classes prior to the Sacrament.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

MINISTRY TO THE SICK & HOMEBOUND: If you know someone who cannot attend Mass or desires a visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring a Columbarium niche, call the Parish Office.



27th SUNDAY in ordinary time

"From the beginning of creation, God made them male and female." - Mk 10:6

MASST INTENTIONS

and Daily Readings

MON	10/8		Gal 1:6-12; Lk 10:25-37
TUES	10/9	8:30am	Saint Denis, Bishop, and Companions, Martyrs; Saint John Leonardi, Priest EMERITO ARRIOLA + REMELITO COMPUESTO + Gal 1:13-24; Lk 10:38-42
WED	10/10	7:00pm	CHRISTOPHER MARTIN + ALLISON DELEON + Gal 2:1-2,7-14; Lk 11:1-4
THU	10/11	8:30am	Saint John XXIII, Pope JERRY QUESNALL + DIONISIO M. CALIGAYAHAN SR. Gal 3:1-5; Lk 11:5-13
FRI	10/12		Gal 3:7-14; Lk 11:15-26
SAT	10/13	5:30pm	ANTHONY SELESTO + TINA and HENRY COCO +
SUN	10/14		Twenty-Eighth Sunday in Ordinary Time
		8:30am	CLARK MACKES + JASPER and AJ DARWIN +
		10:30am	JIM ELLISON + JOHN SKIPTUNAS + Wis 7:7-11; Heb 4:12-13; Mk 10:17-30



Sunday Reflection from Father Anthony

The Pharisees approached Jesus to test him about a most crucial matter in society, "Is it lawful for a husband to divorce his wife?" Jesus answers them with a question wanting to know how Moses taught them! Jesus teaches about the insolubility of marriage as intended by God. The fact that there are challenges in marriage, it is so important to protect it from any dangers. For a family as a basic unit of society needs stability if the whole society is to be stable. It is God who created Adam and Eve and put them together. So it is impossible that humans go against God's plan. That is why during marriage ceremonies, we hear the words, "What God has united, man cannot put asunder." The union of man and wife represents the union between Christ and the Church. When there is separation, it does not only affect the individuals physically, but affects emotionally and with a lot of pain that God would never have wanted his children to experience. So, when we come across a couple in distress, they need our support as much as possible. In many cases it is important not to focus on the problems but rather the solutions of how to make things better. Let us remember that marriage is a God-given commitment that we need to pray for everyday. Lord Jesus, strengthen the bond married couples and bless them everyday to be witnesses of God's love. Amen

Happy Anniversary

Congratulations to Jim and Jean Burke for 55 years of marriage. May God continue to bless you.



Welcome new parishioners:

Naliath Bipin, Naisy Thomas and Family, The Domachowski Family and Jacob Flynn.



The Mass Intentions book is open! Intentions for 1 April- 30 June 2019 can be requested at this time. Please stop by the office to request mass intentions.



Please pray for the following: Nancy Tennin, Steven Barkow, Holden and Hadley Hewlett, Emma and Jeff Madrigal, Alice Volz, Don DeGroot, Ruby Steele, Bryan Mendoza, Deacon Robert Esposito, Delores Valley, Dawn Boroden, Sherry Savage, Barbara Amella and Leonardo V. Corpez.



Financial Box Score

Fiscal Year July-June	September 23	Offertory Year to Date	Needed Year to Date	Excess/Short
Offertory	\$14,312	\$198,742	\$204,200	(\$5,458)

Family Count: 1183
Families using envelopes: 332
Families using online donations: 87



EUCHARISTIC PROCESSION TO SET THE WORLD ABLAZE.

Please plan to join Catholics and friends from around Hampton Roads for the 7th Annual **Eucharistic Procession** on the Virginia Beach Boardwalk on Sunday, October 14th. This multi parish event is in conjunction with the Richmond Diocese's evangelization plan, "Encounter the Joy of the Gospel-Set the World Ablaze." The Procession begins at 3:00pm at Star of the Sea Catholic Church at 1404 Pacific Avenue. Invite your family and friends and come join us in honoring our Eucharistic King! For more information, visit: www.Eucharistia.us.



The Rosary Coast to Coast

Catholics groups across America and in other countries will be praying the Rosary at the same time for our Church, for America and for our world. Come join the rally on the beach at 24th Street at 4:00pm **TODAY**. Now more than ever, our Church and our world are in dire need of our prayers! Please bring your family and

friends to this important Rosary event! For more information, please contact Louantha Kerr at louantha@gmail.com.

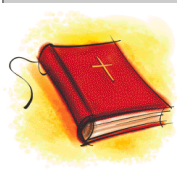


INTERESTED IN LEARNING MORE ABOUT THE CATHOLIC FAITH OR BECOMING CATHOLIC?

The Rite of Christian Initiation of Adults or RCIA is a process to learn and grow in the Catholic Christian faith. It begins with Inquiry where you come to ask questions and determine if this is right for you. It is open to those who have never been Baptized or are coming from a different Christian faith experience or not fully formed in the Catholic faith. Formation sessions are conducted on Monday evenings, starting at 7:15pm. If you are interested please contact Deacon Mike Johnson at 479-1010 or deacon_mike@stmark-parish.org.



There will be training for new **Extraordinary Ministers** of the Eucharist on Tuesday, Oct 23rd at 7pm in the church.



LECTOR FORMATION AND TRAINING:

All lectors and those discerning to be lectors will meet at 7:00 PM on November 8 in the Sanctuary for Prayer and the Quarterly Formation. New lectors called to proclaim God's Word will also be trained and familiarized with

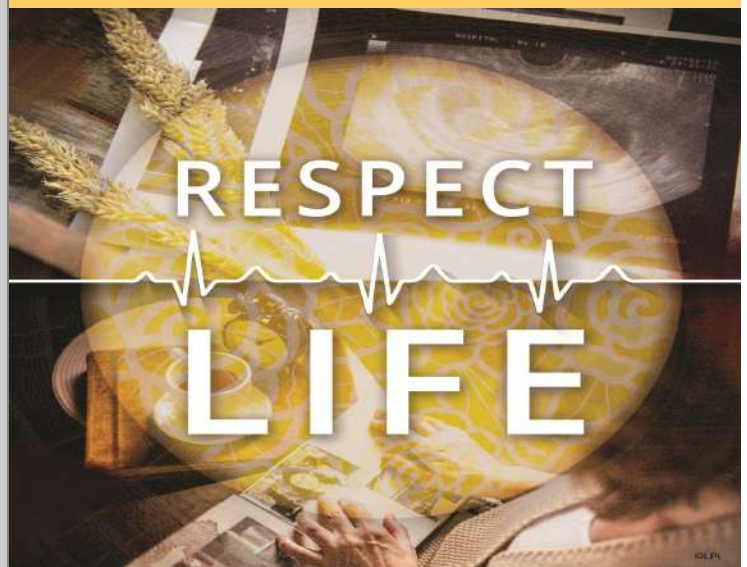
their role as ministers in the Liturgy. Contact Deacon John, Lector Coordinator, if unable to attend. deacon_john@stmark-parish.org.

This Week at St. Mark
October 8th- October 14th

MON	10:00am 7:00pm	Food Pantry in the Great Hall RCIA/IC Meeting in the Great Hall and Library
TUES	8:30am 9:30am 7:30pm	DAILY MASS Bible Study in the Conference Room Bible Study in the Great Hall
WED	10:00am 6:30pm 7:00pm 7:30pm	Food Pantry in the Great Hall Guitar Ministry DAILY MASS Choir Practice in the Sanctuary
THUR	8:30am 9:30am 6:30pm	DAILY MASS Plann Ministry in the Great Hall Knights of Columbus Officer Planning Meeting in the Conference Room
FRI	9:30am 10:00am	Moms Group in the Conference Room Food Pantry in the Great Hall
SAT	5:30pm	WEEKEND MASS
SUN	8:30am 10:30am 11:45am 12:30-2pm 6-8pm	WEEKEND MASS WEEKEND MASS Youth Choir Rehearsal in the Sanctuary Religious Formation Classes Teen Formation (1)

Mom

Expectant to experienced moms are welcome to join us for fellowship, support, adult conversation, and prayer. We meet in the conference room every Friday morning from 9:30-11:30 am. Come for all or part of the time. The Nursery is open, and babysitting is provided. For more information, please contact Holly Krukowski at 585-749-6941.



The News @ St. Mark's Parish

Justice & Peace

Food Pantry Item this Week is Tuna. Thank you!

“By embracing the mission entrusted to him, St. Juan Diego helped bring Christ's transforming love to cultures gripped by oppression and death. . . . Like St. Juan Diego, let us embrace our daily mission to help others encounter God's transforming, life-giving love.” -USCCB Secretariat of Pro-Life Activities 2018-19 Respect Life Reflection



“Remember those in prison, as though you were in prison with them.” - Hebrew 13:3
Respect Life Month/Prison Ministry Corresponding Catholic Social Teaching Principle: Dignity of the Human Person. During the month of October, parishes across the Diocese celebrate and highlight the Catholic worldview that all life is sacred and that every person has dignity that comes from God. On this our Prison Ministry Sunday (October 7, 2018). The Office of Social Ministries invites you to respond to the Gospel call: “Love one another as I have loved you.” There are over 150 jails and prisons within

the footprint of the Diocese of Richmond. Volunteers in these facilities serve as companions to offenders, victims, and affected communities. Here at St. Mark we have a group that visits Deerfield Prison in Capron, Virginia every month to celebrate Mass/Communion Service and companionship. To learn more about our Prison Ministry here at St. Mark contact Deacon Mike Johnson at deacon_mike@stmark-parish.org or contact justiceandpeace@stmark-parish.org.



Annual Winter Clothing Drive- Our Winter Clothing drive is going well. Thank you to all who have donated thus far. We are continuing to collect listed items through the end of October. We are asking for: gloves, winter hats, scarves, sweatshirts or winter jackets, and socks for men, women and children; as well as blankets (preferably twin/full sizes). *Please donate only new or clean/gently used and LISTED items* Please place donated items in the collection bin in the Great Hall next to Justice & Peace

Bulletin Board. These items will be distributed to Catholic Worker House Breakfast Line, Onesimus Ministries, Migrant Worker Ministry and Blankets for the Homeless. For more information and complete item lists visit the Justice & Peace Bulletin Board in the Great Hall or contact Joyce Gridley 675-6486 or justiceandpeace@stmark-parish.org.



Take a stand for life From September 26 to November 4, faith based groups from Hampton Roads will take part in **40 Days for Life** at the Public right-of-way outside Planned Parenthood 515 Newtown Road. **We have a group from St Mark who will be going on Monday, October 22 from 4-5 PM to pray and stand vigil for life.** If you are interested in joining us please contact Joyce Gridley at justiceandpeace@stmark-parish.org or 675-6486. Together we pray that, with God's

help, this will mark the beginning of the end of abortion in our city — and beyond.



PLARN NEWS: Our PLARN group is doing great things. They have donated several blankets and tote bags filled with personal Hygiene items to area organizations to include Judeo-Christian Outreach Center, Blankets for The Homeless, and CAST. They could sure use more PLARNers. How can you resist: NO experience, NO costs, NO meetings. PLARN at your own pace -in your own space. For more information please contact Christine McGrath at 233-0790 or mcgrathcm24@gmail.com .As our group grows so does our need for plastic bags, please donate your used grocery store bags to our PLARN group and Food Pantry.



It's Flu season again and time to get your Flu shot. For optimal effect you should get it by the end of October. Everyone age 6 months and older needs to get a shot. Here's what new this year: Allergy to eggs is not a deterrent to getting a flu shot. However if your allergy is severe, (you get symptoms more than hives) you should get it in a medical facility such as your doctor's office, a clinic, hospital or health department as a precaution. Live attenuated vaccine (nasal spray) is back and available for people age 2 to 49 years old. Not for pregnant women or the immune compromised.

The Virginia Beach Department of Public Health will be offering flu shots with minimal paperwork on Saturday October 13th, 8am to 3pm at the following locations: Newtown Elementary school (indoors) and Landstown High school (drive through).



Bible Study classes each Tuesday at 9:30am and 7:30pm. All are welcome. Our studies cover overviews of the Bible. There is no fee to join, although there is an optional book fee TBD. This group is led by Florence Gaffrey. Contact her at 467-5683 , fgaffrey@outlook.com or just show up if interested in joining. We hope to see you there!



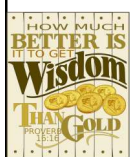
For the next two months, the St. Mark's Women's Book Club members will be reading one of the following titles: **Pope Francis- Our Brother, Our Friend: Personal Recollections about the Man Who Became Pope** - Alejandro Bermudez and Jorge Mario Bergoglio and/or **Francis: Pope of a New World** - Andrea Tornielli. We will reconvene on Tuesday evening, November 12, 2018, from 6:30 -8:00 PM in the St. Mark Library, sharing our insights and questions about these works. Please consider joining us for a lively and informative discussion. New members are always welcomed. You can contact Bernadette Michalak at thehobbygirl@aol.com or sign up online at www.stmarkparish.org (Religious Formation-Adult Formation-Women's Ministry-Women's Book Club).



The Knights of Columbus Council 10515 will commence their annual **"Keeping Christ in Christmas"** Christmas card sales on Sunday September 30th after the 8:30 AM Mass. The sale of the card, a K of C fund raiser, will take place after each weekend Mass through the first weekend of November. The sales will be located in the St. Mark Great Hall. The Council 10515 Point of Contact for the card sales is Joe Lessick whose cell phone number is 724-454-0727.



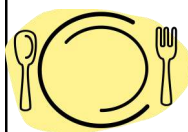
Our annual **Trunk or Treat** will be held Sunday, October 28th. If you would like to help with this awesome event ,please sign up at the information kiosk after all masses. You must sign up if you are planning to decorate your trunk. For more information, contact Linda Major at 615-0763 or majormail@verizon.net.



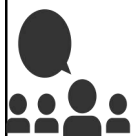
The **Wisdom Seekers** Luncheon on Friday, Oct. 12, at 12:30 pm will be at the new Park Lane Tavern in KempsRiver Crossing Shopping Center, 1250 Fordham Dr., VA Beach (757) 963-9555. Please RSVP to Annette Welch, 757-495-1445, by Monday, October 8th.



Building & Grounds (B&G) Saturday October 20th from 8AM- 12 PM is the next meeting. Work will continue on the Picnic area and painting around the Church to include light poles, downspouts, and pipes. Gardening and setting flower beds immediate to the Church and the Picnic area are the major focus. If the weather is doubtful, work will be in the Church. Men, Women, and Families are welcome. Check out stmark-helps.ivolunteer.com for details.



FEED OUR NEIGHBOR: St. Mark will be serving dinner at the Judeo-Christian Outreach Center on Sunday, October 21. As always, we need your help with food donations. Please take a tag or two from the "Feed Our Neighbor" bulletin board in the Commons on October 13 and 14. Return the food items with the tags to the kitchen when you come to Mass on October 20 or 21. The Knights of Columbus, Kempsville Council, will prepare and serve the dinner. If you have questions, text or call DJ Bradley (390-7064) or Bobbi Drewiske (749-0107).



The annual **Diocesan Women's Conference** is coming up! This year, the conference is on Saturday, November 3 from 10am-6pm. We have a great line-up, including keynote speaker Michelle Benzinger (co-host of the podcast Abiding Together) and musician Marie Miller. We hope that you will join us again this year! Registration is up at <https://www.regonline.com/2018catholicwomensconference>. And as someone who has attended the conference before, we are giving you a promo code to say thank you! The promo code for you is **BEENBEFORE**, and it'll save you \$5 on your registration.



Join Bishop Sullivan Catholic High School on **Saturday, October 13, 2018** for the **Crusader 5k and Mini Crusader Mile Race!** **START TIMES:** 7:30 a.m. - Race day registration and packet pick-up. 8:30 a. m. - Crusader 5k begins. Mini Crusader Mile Run (Ages 12 and under) will start at the conclusion of the Crusader 5k. **REGISTRATION:** Adults: \$30; BSCHS Student/Alumni: \$25; Children 12 and under: \$15. **Register online here - <https://www.chsvb.org/page/crusader-5k-registration>.** Runners will receive a t-shirt, bib number, and FREE Breakfast.

ST. MARK
CATHOLIC
YOUTH GROUP

23

social
service
spiritual

For more information,
contact the
Religious Formation Office
757-479-9897
fe@stmark-parish.org

TEEN FORMATION 6TH–12TH GRADERS:

Get ready for a
prayerful family affair
to remember!

- Oct 14**—Eucharistic Procession 3-5PM
beginning at Star of the Sea
Catholic Church
- Oct 21**—Of Zombies, & Prayers Event
Parents Session with Father Anthony
- Oct 28**—Teach Me To Pray! and
Why Do (or don't) I Attend Mass?:
A small group discussion and
activity session
- Nov 4**— This Is How We Pray:
Let's storm heaven with prayers!

PARENTS:

Please mark your calendar.
You are encouraged to attend these sessions
especially the first two.

+

KEEP
CALM
AND
GO TO
YOUTH GROUP

INTEREST MEETINGS WEDNESDAY, OCT 10

- Adult volunteers to be chaperones for youth events; 6PM
- Teen Liturgy Team; open to those in grade 9-12: 6:45 PM



Catholic Diocese
of Richmond

Regional Masses of Atonement for Victims of Abuse

Bishop Knestout will celebrate regional Masses of Atonement with the faithful. The Masses begin at 7:30 P.M. All are welcome.

- Church of the Redeemer, Mechanicsville—Tuesday, October 9
- Saint Stephen Martyr, Chesapeake—Thursday, October 11
- Star of the Sea, Virginia Beach—Friday, October 12
- Saint Francis of Assisi, Staunton—Thursday, October 18
- Saint Jerome, Newport News—Tuesday, October 23
- Saint Joseph, Petersburg—Wednesday, October 24